

The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

COMMANDER | GEORGE CHRISTENSEN

Greetings Comrades



So many things happening at our Post, hard to know where to start. It's important that each member votes in the upcoming election. I received my mail-in ballot and got a notice that it was received and counted. I read that a large distributor has to do a meat recall. That's because grocery stores don't know where the beef comes from. The Post has a Meat Raffle going and we know the source of our beef it is Mariposa Ranch a California rancher providing Grass-Fed Grass Finished beef. We are raffling a 10 pound box of various cuts from Mariposa Ranch. This is a post fund raiser and the proceeds will go to support Veteran and Community Programs. Tickets are \$10 and available from the bartenders, myself, the adjutant, Rafael DelVecchio, and Jim Botts. If you want to sell tickets to friends and relatives see Cyndie August she will set you up. Only 149 tickets will be sold and you don't have to be present to win.

Commander's Breakfast

The Commander Breakfast goes the third Sunday of each month from 9:00 to 11:00. We have lowered our price to an unbeatable \$10 a plate. I am there along with past commander Jen Holden, to answer questions and concerns, and just share some camaraderie. Come meet our new member Tommy Cruz who is a professionally trained chef, and is helping Rick Duro prepare breakfast to order. Service is fast, breakfast is tasty, and the company is super-friendly.

Post Renovations and Repair

At an Executive Committee meeting some time ago we prioritized Post renovation projects starting with the repair to the Women's rest room in the hall. Thanks to Kevin Wood and his assistant and some technical help from (Art) that project is almost complete. Our second priority is to rebuild all the Pergola's in the backyard and that project is on track to be completed before the end of November along with rebuilding the outside hot water closet. We are not done, our list of projects seems to grow every month. Without the help of member donations we would not have come as far as we have.

I asked the membership, those that could afford to, to donate \$100 one time to the renovation fund. I pledged to donate \$100 each month, and in October, before the general meeting I used Zelle to make my donation. Most banks and credit unions offer Zelle to members with no charge. This is quick and easier than writing a check for the donor and the Post. You won't find the Post in Zelle as American Legion Post 149, instead search for J.B. Clark Post No. 149 and you will find us. My thanks to all who have donated, and I continue to ask those who have not to give one time to upgrade our post.

VETFEST

When this newsletter comes out VetFest will be upon us, but even then it is not too late to volunteer to help out, especially with the parade. We need parade marshal's to help with traffic management and to help set up the post. Go to the website www.northcountyvetfest.org to sign up.

Buddy Check

In October we started a phone campaign to do a Buddy Check of our members. Mike Frank the First Vice did a great job organizing it, but we were short of volunteers. Besides checking on the welfare of our members we reminded them of the importance of membership renewal. Cyndie August had four renewals. If you would like to volunteer contact Mike or Cyndie the Adjutant. **(continued next page)**



COMMANDER | GEORGE CHRISTENSEN (continued)

Fun, Fun, Fun

We are looking to bring fun events back into the post. We have Bunco, line dancing, Karaoke, canning class and occasional live music. In the planning stages are a Cornhole tournament, a casino - night, possibly bingo and other activities. We need members to participate in sponsoring and working these events. Yes, I wrote working the events as it takes effort to host something all will enjoy. If you have ideas, bring them to the General meeting and present your idea under "Good of the Legion"

Chaplain

Harold Olson our Chaplain will be relocating to Missouri soon. Tommy Cruz has stepped up to replace him as chaplain. To give you an idea of how valuable Harold's service to the post has been we need to also replace him as the service officer, and we need to replace him as the youth activities chair, to handle Oratorical and Boy/Girls state. Now is the time to answer the call!

Yours in Service, George Christensen

SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Please join us on Wednesday, November 11th as we honor and pay tribute to our home-town heroes. The Veterans Day Parade (North County VetFest) will stage on Woodward Ave. and travel southbound on Broadway, west on Grand Ave. and north on Escondido Blvd. The parade runs from 9:30am to 11am. Some features include Sponsor Displays, Military and Historic Displays, The Parade route we utilized last year proved to be much easier to use from a logistics perspective as well as offering better views of the displays and participants along the route. Moving forward, the current route has become permanent for the years to come.

The Post-Parade VetFest celebration will begin at 12:30pm at the American Legion. The celebration will include Dignitary speeches, multiple food vendors as well as live entertainment.

We anticipate this will be a big day so please come out and support your comrades!

See you at Club 149!

POST 149 ADJUTANT | CYNDIE AUGUST



VETFEST on 11/11/26 events around Escondido and at the post. The parade starts at 0930 and events at the post start at 1100. There are many discounts available for veterans-on-Veterans Day. I have listed a few that are local to Escondido but for a full list please visit:

Veterans Day 2026: Discounts and Deals for Veterans and Service Members - California American Legion

APPLEBEE'S - Veterans and active-duty military can receive a free full-size entrée from a special menu on Nov. 11. Dine-in only with proof of service.

BUFFALO WILD WINGS - Veterans and active-duty Service Members can receive 10 boneless wings and fries on Nov. 11 with valid ID.

CHICK-FIL-A - Veterans Day promotions vary by franchise. Veterans and Service Members should check with their local restaurant for 2026 participation.

CHILI'S - At Chili's, Veterans and active-duty military can receive a free dine-in meal on Nov. 11 from a special menu. Beverages and gratuity are not included.

CHIPOTLE - Veterans and qualifying military members can receive a buy-one-get-one-free entrée during designated Veterans Day hours with valid military ID.

DENNY'S - Veterans and active-duty military can receive a complimentary Veterans Day breakfast during designated morning hours.

DUNKIN' - Veterans and active-duty military can receive one free doughnut on Nov. 11.

FARMER BOYS - Veterans and active-duty military can purchase a Big Cheese Burger for \$4 on Nov. 11 with proof of service and the Very Important Farmer app.

IHOP - Veterans can receive a free Red, White & Blueberry Pancake Combo on Nov. 11 with pancakes, eggs, hash browns, and bacon or sausage.

IN-N-OUT BURGER - Veterans, active-duty military, reservists, and National Guard members can receive a free burger, fries, and beverage on Nov. 11 with proof of service.

KRISPY KREME - Veterans can receive a free doughnut and small coffee on Nov. 11.

OLIVE GARDEN - Veterans can receive a complimentary meal from a special Veterans Day menu on Nov. 11. Dine-in only.

OUTBACK STEAKHOUSE - Veterans and active-duty military can receive a free Aussie three-course meal Nov. 10-11 with military ID.

RAISING CANE'S - Veterans, active-duty military, first responders, and eligible family members receive 10% off year-round through the Hero Discount at Raising Cane's.

RED LOBSTER - Veterans, active-duty military, and reservists can receive a free Veteran's Shrimp & Chips meal on Nov. 11. Dine-in only with proof of service.

ROUND TABLE PIZZA - Military members can receive 15% off Nov. 7-14 using code RTP321 for dine-in, carryout, or delivery.

STARBUCKS - Veterans, military members, and military spouses can receive a free tall hot or iced brewed coffee on Nov. 11.

TEXAS ROADHOUSE - Veterans and military members can receive a complimentary meal voucher on Nov. 11. Distribution and redemption dates vary by restaurant.

TGI FRIDAYS - Veterans and active-duty military can receive a free meal from a special menu on Nov. 11 from 11 a.m. to 5 p.m. Dine-in only with military ID.

WENDY'S - Veterans and qualifying military members can receive a free Veterans Day breakfast combo during breakfast hours at participating restaurants.

KEY DATES

See calendar page and flyers for more information.

NOV 3

DAV Chap 70 Meeting

NOV 7

Auxiliary Meeting

NOV 11

VETFEST

NOV 11

VETFEST

SAL Meeting

NOV 17

Post Meeting

NOV 25

ALR Meeting

NOV 26

Thanksgiving

Check Calendar for
SUNDAY Breakfast
Schedules

COUNTRY LINE DANCE
Every Monday 6:30-8 PM

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

The One Forty Niner

The Official Publication
of The American Legion

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CHAPLAIN | HAROLD OLSON



Sickcall: Hugh Pedigrew remains in accute rehab; Bob Hamm is recoving at Home.

This will be my final article. As those who regularly attend the

post meetings know I have accepted an assignment with my church in Missouri and will be leaving California around the firist of the year. The new Chaplain Is Tom Cruz. In my closing remarks I would like to remind all of you,that as American Legion members the greatest way we can support our post is to attend the monthly meetings and be involved in the business of the post. The post is currently in a postion that if more people do not get more involved in the post it may be required to close. It has been my pleasure to be a member of post 149 for 22 years and serve as a post officer for most of those years. After I move I will always retain fond memories of those years. I will continue to pray for all of you and the post. REmember that the first pillar of the legion is God and Country so please always keep that formost in your minds. **Farewell and God Bless.**

AUXILIARY PRESIDENT | JOYCE WOOD



Come Join Us — Let's Make Something Great Together

There's something special about showing up. About walking into a room full of familiar faces (and a few new ones), sharing a laugh, and realizing you're part of something bigger than your everyday routine. That's what Auxiliary gatherings are all about — connection, fun, and the simple joy of being together.

We meet the first Saturday of every month in the Hall at 10 am. It's our regular time to catch up, share ideas, and keep the good energy flowing. Whether you've been coming for years or you're thinking about joining for the first time, you're welcome. Come as you are. Stay as long as you like. Have some fun.

Help us plan the November Social Event — Saturday, November 21 with the Fly Boys Band at the Post at 2:00pm. We're putting together a Social Event on the 21st and we want your ideas. What would make it memorable? Games? Food? Something completely different? This is your chance to shape the day and make it something everyone looks forward to. Drop your suggestions at our next first-Saturday meeting or reach out to the planning team. The more voices, the better the event.

Save the date: Family Holiday Party — December 12 Mark your calendars now for our annual Family Holiday Party on Saturday, December 12. It's the perfect way to wrap up the year with warmth, celebration, and the people who make this community feel like home. More details will follow, but for now — hold the date and invite the whole family.

Life gets busy. Schedules fill up. But these moments — laughing together, planning together, celebrating together — are the ones that stick. Be part of something bigger than yourself. Show up. Pitch in. Enjoy the ride.

See you the first Saturday of the month, November 7th, in the Hall at 10 am. We can't wait to see what we create next.

Your Auxiliary President, Joyce Wood.



Steer Clear of VA 'Claims Sharks'

A "claim shark" is the term given to an agent or company that charges veterans to help them file their initial claims for U.S. Department of Veterans Affairs (VA) benefits. The process to file a claim for VA benefits is free, yet claim sharks usually charge upwards of \$5,000 for their services despite the existence of accredited individuals and accredited veteran service organizations (VSOs) that offer free assistance to veterans in filing their VA benefits claims.

Anyone filing a VA disability claim should only work with organizations that are accredited with the VA. VA Accredited Service Officers can help with all aspects of the process. Find a VA accredited representative or VSO at

www.va.gov/get-help-from-accredited-representative/find-rep/

Companies that have received warning letters from the Department of Veterans Affairs:

VA Claims Insider

Trajector Medical2

VDC Bootcamp

Veterans Disability Help

Veterans Guardian VA Claim Consulting

180 Comprehensive Veteran Services

360 Veteran LLC

A-1 VA Ratings

American Veteran Consulting

The Fulfilled Veteran Project

Behavioral Health Consulting Inc

Blue Cord Veteran Services

C&P Garage

Delta Medical Care

Eagle Rising Veteran Consulting

Forever Our Heroes

Freelance Veterans Advocates

Gem Ratings

Global Tekmed

Just4Veterans

KMD89 VA Claims Consulting

REE Medical

Seven Principles

The Freedom Law Group

United Veteran Benefits Agency

VetComm

Veteran Adviser Consulting

Veteran Benefits Guide

Veteran Ratings

Veteran Advocacy Associates

Veterans Claims Consulting

Veterans Claims United

Veterans for Veterans LLC

VetLink Solutions3

Vets for Action

Winning Strategy for Disabled Veterans

Working Warriors Today

Zeke's Vets Helping Vets



www.northcountyvetfest.org



11|11|26

★★★ 7th Annual VetFest ★★★
and Veterans Day Parade



Celebrate Our North County Hometown Heroes

Parade begins at 9:30AM

VetFest begins at 11AM
at American Legion Post 149

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST
At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

NOVEMBER 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9 - 11AM (Hall) DAV Breakfast - \$14 11:30AM - 1:30PM (Hall) Country Line Dancing 2 - 3:30PM (Hall) Celebration Of Life 4 - 7PM (Hall) ELL Board Meeting	2 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	3 4 - 5:30PM (Hall) Teamsters Local 911 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	4 6 - 7:30PM (Conf Room) Gamblers Anonymous	5 6 - 8:30PM (Hall) BUNKO	6 7 - 11PM (Clubroom) KARAOKE	7 10AM - Noon (Hall) AL Auxiliary Mtg 7 - 11PM (Clubroom) KARAOKE
8 8 - 11AM (Hall) SAL Breakfast - \$14 11:30AM - 1:30PM (Hall) Country Line Dancing	9 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	10 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg	11 VETERANS DAY VETFEST 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	12 5 - 8PM (Conf Room) Kiwanis of Escondido 6 - 8:30PM (Clubroom) BUNKO	13 Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Clubroom) KARAOKE	14 9AM - 1PM (Patio) Canning Class 10AM - Noon (Conf Room) 173 Airborne Assn. 1 - 5PM (Hall) Assemblymember Darshana Patel Veteran of the Year Award
15 9 - 11AM (Hall) Commanders Breakfast - \$10 1 - 3PM (Hall) MHF	16 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	17 6 - 7:30PM (Hall) Post 149 General Mtg	18 4 - 7PM (Conf Room) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	19 6 - 8:30PM (Hall) BUNKO	20 7 - 11PM (Clubroom) KARAOKE	21 2 - 5PM (Clubroom) Fly Boys Band
22 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14 11:30AM - 1:30PM (Hall) Country Line Dancing	23 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	24	25 4:30 - 6:30PM (Hall) Carpenters Union 619 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) AL Riders Meeting	26 THANKSGIVING	27 7 - 11PM (Clubroom) KARAOKE	28 11AM - 3PM (Conf Room) SCRABBLE Club
29 NO BREAKFAST 11:30AM - 1:30PM (Hall) Country Line Dancing	30 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	1	2	3	4	5

Holidays & Observances

- | | |
|-------------------------|-----------------|
| 1 Daylight Savings Ends | 11 Veterans Day |
| 3 Election Day | 26 Thanksgiving |
| 10 USMC Birthday | |

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American Legion Post 149
239 E Park Ave
Escondido, CA 92025



For a quote contact:
Cyndie August, Post 149 Adjutant
(760) 745-1159
adjutant149@gmail.com

www.escondidolegion.org/event-rentals

MARKET MALL

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(minimum 3 mos. advertisement cycle required)

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(minimum 3 mos. advertisement cycle required)

***PLEASE CONTACT THE POST ADJUTANT AT
ADJUTANT149@GMAIL.COM
FOR MORE INFORMATION OR TO PLACE AN AD.**

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.