

The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK — SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | GEORGE CHRISTENSEN

Greetings Legionnaires,



Each Sunday a different organization of our Post family including DAV and the Brothers of Six put on a breakfast, usually from 9:00 to 11:00. Please come out and enjoy a great breakfast and camaraderie with like-minded veterans and friends. Also on selected Sundays from 1130-1:00 we will have Country Line dancing going until after the Super Bowl. This is along with our regular

Monday class.

We are looking at ways to increase our fund raising and donations, and are starting with the formation of a Post revitalization Committee. They will be exploring ways we can bring more activities back to the post and ensure our business practices are not only effective but efficient as well.

Last month I asked each member that could afford it to make a one-time \$100 donation to our Post renovation campaign. That “big ask” still stands. We are making progress with renovations, but we need to purchase materials, along with some professional services. Rest assured I have put a process in place to ensure that these donations will only be used for Post renovations.

If you are a regular reader of this newsletter you know I ask each month if you have the four hours a month to give to the Post? We have committees that need Chairs, and members, and I published that list in last months newsletter. If four hours is too big a commitment, then start attending regular post membership meetings. There is a lot of misinformation and rumors floating around the Post. Don't listen to it, come to a post meeting and find out for yourself what the real story is. If you have an opinion you can voice it there, if you have an idea on how to make Post 149 a welcoming place for veterans and a provider of community services, please attend I want to hear it. The advantage is your ideas and opinions get into the minutes so I don't forget about them.

If we can get members consistently working on the four pillars of the Legion, as well as taking care of the post itself, we will be sure we are serving Veteran's and their families as well as the community. Currently the only support the post is providing in support of the pillars is from the Americanism committee; through the oratorical and boy/girls state events. We must get involved to the community can answer the question “What would the impact be if there was no American Legion Post in Escondido?”

Yesterday we welcomed the Carpenter Union Local 619, who will be holding monthly meetings at the Post. They took a look around and got excited to work with us on several renovation projects, they will provide labor, we must provide material.



FIRST VICE | MICHAEL FRANK

Comrades, I have two topics I wish to bring to your attention. We will be conducting a Buddy Check on Saturday, October 10th starting at 9:00 AM. The purpose of this is to contact each Post member by phone and check to see if they are doing OK or are they in need of some assistance. We will also encourage them to start attending our monthly meetings or just come out to the post to socialize. We would also like to encourage them to become more involved in post management and activities. I will have lists of post members to hand out to our volunteers.

We are looking for at least 20 volunteers to come out to assist in this worthy endeavor. Please give me a call at (760) 315-1330 if you want to volunteer.

Also, we are going to start using volunteer bartenders to augment our paid staff starting in November. They will be working for tips only. We need to start doing this to help bring down the cost to us for doing business. If you are interested in becoming a volunteer please give me or Stef a call. Thanks!

SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN

We are fast approaching North County VetFest, formally EscoVetFest! We have re-branded the parade and post-parade ceremonies as the Cities of Vista and San Marcos are now actively promoting the event happening on Wednesday, November 11th. The purpose of the re-brand is to make North County VetFest a truly North County wide event. Can't wait to see you all there!

If you or anyone you know would like to volunteer or sponsor, please do not hesitate to contact me. This year's parade and post-parade program promises to be bigger and better than last year. Sponsorship and volunteers are the driving forces that make this amazing event possible so if you are available, we would love to have your lending hands.

I regret to report that due to cashflow (or lack thereof) issues, at some point in the near future, the clubroom will be transitioning to an all-volunteer staff. I will be sure to keep you all informed once the E-board has determined a date the status will take effect. Myself and the E-board are exploring various ways to bring in additional revenue as the goal is to ensure an all-volunteer staff is not the permanent clubroom dynamic. Additionally, clubroom prices will be increasing on 1 October due to an increase in cost of goods. Our prices will still be less than any other private club and or bar in town! I do apologize for the inconvenience. I know each and every one of you are aware of the sacrifices we must make to keep the post doors open for many years to come!

College night will be tentatively taking place on Saturday October 31st! "Carl's Bad Habits" will be rocking the house as usual!

Thanks to our Clubroom Committee, Halloween decorations will be up in short order!

As always, looking forward to seeing you all at the 149!

POST 149 ADJUTANT | CYNDIE AUGUST

THANK YO TO OUR AMAZING MEMBERS!!

A huge thank-you to everyone who has already donated to our Post Renovation Fund. Your generosity is helping us make improvements that will benefit our Post and our members for years to come.

We still need your help! If you haven't had a chance to donate, every contribution - large or small - makes a difference, I have QR codes in my office that make donating quick, easy, and painless!

And here's an easy way to take care of two things at once: you can renew your 2027 membership AND make a donation at the same time.

Our Post belongs to all of us, and keeping it strong takes all of us. Please consider renewing, donating, and getting involved.

Most importantly, I want to see more of you soon! Come by, say hello, and see what we're working toward together.

Thank you for supporting our Post and helping us build a better future for our members!

CHAPLAIN | HAROLD OLSON

Sickcall: Tony Tate is home. Hugh Pedigrew is at Escondido Accute Rehab at 421 E. Mission; Bob Hamm is at home.

Henry Banks transferred to post everlasting on 8/8/26.

Thoughts on Gossip

Women always seem to be the object of finger-pointing when it comes to gossiping. However it's a well-known, but oft-hidden fact, that men like to share tasty tidbits, too. Sure, some women like to spill the tea about other people, but men seem to dish the dirt out differently. Men prefer to gather in small groups to shoot the breeze about the news, old friends from school, the military, good-looking women, salaries, their bosses, or their status. They will make fun of one another directly to the other person's face. Thinning hair or a spare tire around the stomach is cause for mutual laughs. But women would never dream of confronting someone about the way they look. Instead, they whisper to each other about such things on the sly. Both men and women love to share a spicy bit of scandal, but regardless of gender or the reason for telling tales and talking trash about one another, gossiping is wrong.

A gossip is someone who has or believes they have private or privileged information about someone or a situation and reveals that information to others. Whether you've been the subject of gossip or have babbled about someone else, the fruit of slanderous words result in broken trust, hurt feelings, and sometimes even disastrous consequences. You can see by this that gossip is conduct unbecoming a Legion member.

KEY DATES

See calendar page and flyers
for more information.

OCT 3

Auxiliary Meeting
DAV Chap 70 Meeting

OCT 6

DAV Chap 70 Meeting

OCT 11

District 22 Meeting

OCT 12

Columbus/Indigenous
Peoples' Day

OCT 14

SAL Meeting

OCT 20

Post Meeting

OCT 28

ALR Meeting

Check Calendar for
SUNDAY Breakfast
Schedules

COUNTRY LINE DANCE

Every Monday 6:30-8 PM

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

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The Official Publication
of The American Legion

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LINE DANCING LESSONS AT THE POST

MONDAYS
6:30 - 8 PM



J.B. CLARK/POST 149



Karaoke
NIGHT

FRIDAYS
8PM - 11PM

KJ Alex 1st/3rd/5th Friday
KJ Christine 2nd/4th Friday

We Want To Hear You
SING!



J.B. CLARK/POST 149



BUNCO

Thursday's, 6pm
We play 4 rounds, with dinner
served at half-time.

Let The Good Times Roll!

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST
At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 6 - 8:30PM (Hall) BUNKO	2 7 - 11PM (Clubroom) KARAOKE	3 9AM - 1PM (Patio) Canning Class 10AM - Noon (Hall) AL Auxiliary Mtg Noon - 8PM (Hall) Gamers 7 - 11PM (Clubroom) KARAOKE
4 9 - 11AM (Hall) DAV Breakfast - \$14 11:30AM - 1:30PM (Hall) Country Line Dancing 4 - 7PM (Hall) Escondido Little League Board Meeting	5 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	6 4 - 5:30PM (Hall) Teamsters Local 911 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	7 6 - 7:30PM (Conf Room) Gamblers Anonymous	8 5 - 8PM (Conf Room) Kiwanis of Escondido 6 - 8:30PM (Clubroom) BUNKO	9 Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Clubroom) KARAOKE	10 10AM - 2PM Buddy Check 10AM - Noon (Conf Room) 173 Airborne Assn.
11 8 - 11AM (Hall) SAL Breakfast - \$14 9AM - Noon (Hall) District 22 Meeting	12 Columbus/Indigenous Peoples' Day 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	13 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg	14 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	15 6 - 8:30PM (Hall) BUNKO	16 6 - 7PM (Patio) Bof6 Eboard Mtg 7 - 11PM (Clubroom) KARAOKE	17 9AM - 1PM (Patio) Canning Class 2 - 5PM (Clubroom) Fly Boys Band 3 - 10PM (Hall) Kiwanis Casino Night
18 8:30 - 11AM (Hall) Commanders Breakfast - \$14 1 - 3PM (Hall) MHF	19 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	20 6 - 7:30PM (Hall) Post 149 General Mtg	21 4 - 7PM (Conf Room) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	22 6 - 8:30PM (Hall) BUNKO	23 7 - 11PM (Clubroom) KARAOKE	24 11AM - 3PM (Patio) Bof6 General Mtg 11AM - 3PM (Conf Room) SCRABBLE Club
25 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14 11:30AM - 1:30PM (Hall) Country Line Dancing	26 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	27	28 4:30 - 6:30PM (Hall) Carpenters Union 619 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) AL Riders Meeting	29 6 - 8:30PM (Hall) BUNKO	30 7 - 11PM (Clubroom) KARAOKE	31 HALLOWEEN 6:30 - 11PM (Clubroom) College Night

Holidays & Observances

12 Columbus Day/Indigenous Peoples' Day
31 Halloween

Got Big Plans?

Let Us Host Your Special Event!

Meeting · Banquet · Party · Wedding · Memorial
or any other event



Indoor Hall

- Raised stage
- 120 person capacity
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Outdoor Patio & Courtyard

- Cabana's in Courtyard
- 235 person capacity

Tables and Chairs included in rental fee!

American Legion Post 149
239 E Park Ave
Escondido, CA 92025



For a quote contact:
Cyndie August, Post 149 Adjutant
(760) 745-1159
adjutant149@gmail.com

www.escondidolegion.org/event-rentals

MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

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Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.
(minimum 3 mos. advertisement cycle required)

***PLEASE CONTACT THE POST ADJUTANT AT
ADJUTANT149@GMAIL.COM
FOR MORE INFORMATION OR TO PLACE AN AD.**

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.