

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | GEORGE CHRISTENSEN



Greetings Legionnaires,

**It's time to renew memberships!**

***July starts the new fiscal year for the American Legion and the start of membership renewals. While your current membership is valid until January, I encourage you not to wait but to renew early. You can renew at the Post or online at [www.legion.org](http://www.legion.org) I recently became a "Paid up for life member" (PUFL) using the national website, pretty easy and painless.***

This year, America's two hundred fiftieth as an independent nation, is "all for the country." The experiment in democracy has been a proven and exceptional success.

Yet creation of the United States almost didn't happen. The British military was the envy of the world in the 18th century. The Americans suffered significant losses in the battles of Long Island, Brandywine, Charleston, and Camden, just to name a few.

Nine of the 56 signers of the Declaration of Independence died while fighting in the American Revolution. A dozen signers had their homes looted or burned, five were taken prisoner by the British and 17 lost nearly everything that they owned.

During the signing, Benjamin Franklin reportedly said, "we must indeed, all hang together or, most assuredly, we shall all hang separately." Yet in the end, the upstart colonists prevailed. Because that is what Americans do. We unite for a righteous cause. And we win.

As we celebrate our great country, it is so important to recognize and remember our veterans. The National Commander of The American Legion, Dan K. Wiley said, "Educating future generations about our nation's history is the most tangible method to keep the sacrifices and legacy of veterans alive. You simply cannot celebrate a great nation without celebrating its greatest heroes."

I strive everyday to find ways our post can serve Veteran's and their families, and our community. I need my fellow Legionnaires to unite and help me to bring the Post together as the voice of Veteran's in Norh County.

Yours in Service  
George Christensen



## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Greetings from Club 149!

I would like to start off by reporting that the 6th annual "619" benefit dinner was the biggest one ever in terms of turnout and items collected. Thank you to each and everyone of you that made this great cause such an amazing event!

As we move into July, the 4th is approaching us fast. The American Legion post 149 will be taking part in the color Gard posting of the flag ceremony taking place at 4pm inside of Grapeday park. Please come out and be apart of our nations 250th celebration of independence!

Additionally, the American legion has the opportunity to host a booth in the park on the 4th of July in Grape Day Park as part of Escondido's 4th of July celebration. Please let me or Past Commander Geroge know if you are able to volunteer for the event.

Sales have been continuing to increase but we need your continued support in order to ensure we can keep the doors open for many years to come. Please continue to frequent your post!

See you all soon and, please, stay cool in these coming hot summer days.

## CHAPLAIN | HAROLD OLSON



**Sickcall:** Hugh Pedigrew is still at Escondido Acute Rehab on E. Misson, room 111a, and would love visitors. Tony Tate is in Rehab in Poway if anyone knows which one, please let me know.

**Post everlasting.** Elmer Garcia Family had private services.

I think we are all familiar with the **Serenity Prayer:**

God, grant me the serenity to accept the things I cannot change the courage to change the things I can and the wisdom to know the difference.. Amen.

All of us should be in tune with it because in the military we had to make split second decision and deal with the after effects. We learned very quickly to gain wisdom in these experiences. We need to remember and use that same wisdom in our civilian dealings.



## KEY DATES

See calendar page and flyers for more information.

JUNE 2

DAV Chap 70 Meeting

JUNE 6

Auxiliary Meeting  
Post Officer Installation

JUNE 10

SAL Meeting

JUNE 14

Flag Day

JUNE 16

Post Meeting

JUNE 21

Fathers Day

JUNE 24

ALR Meeting

Check Calendar for  
SUNDAY Breakfast  
Schedules

COUNTRY LINE DANCE

Every Monday 6:30-8 PM

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

# LINE DANCING LESSONS AT THE POST

MONDAYS  
6:30 - 8 PM



## The One Forty Niner

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J.B. Clark Post 149

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Escondido, CA

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J.B. CLARK/POST 149



*Karaoke*  
NIGHT

FRIDAYS

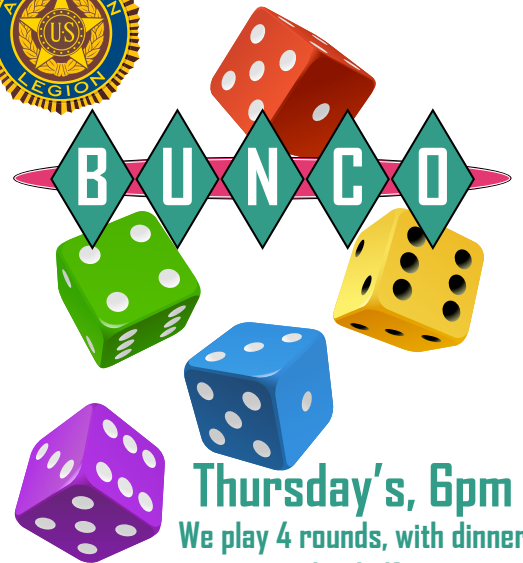
8PM - 11PM

KJ Alex 1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Friday  
KJ Christine 2<sup>nd</sup>/4<sup>th</sup> Friday

We Want To Hear You  
SING!



J.B. CLARK/POST 149



Thursday's, 6pm  
We play 4 rounds, with dinner  
served at half-time.

*Let The Good Times Roll!*

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

## JULY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 6 - 7:30PM (Conf Room) Gamblers Anonymous	2 11AM- 4PM (Hall) Red Cross Blood Drive 6 - 8:30PM (Clubroom) BUNKO	3 7 - 11PM (Clubroom) KARAOKE	4 <b>Independence Day</b> 10AM - Noon (Hall) AL Auxiliary Mtg 7 - 11PM (Clubroom) KARAOKE
5 9 - 11AM (Hall) DAV Breakfast - \$14 4 - 7PM (Hall) Escondido Little League Board	6 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	7 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	8 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	9 5 - 8PM (Conf Room) Kiwanis of Escondido 6 - 8:30PM (Clubroom) BUNKO	10 Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Clubroom) KARAOKE	11 9AM - 1PM Canning Class 10AM - Noon (Conf Room) 173 Airborne Assn. Noon - 8PM (Hall) Gamers
12 8 - 11AM (Hall) SAL Breakfast - \$14 1 - 3PM (Hall) Eagle Scout Court	13 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	14 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg	15 4 - 7PM (Conf Room) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	16 6 - 8:30PM (Hall) BUNKO	17 6 - 7PM (Patio) Bof6 Eboard Mtg 7 - 11PM (Clubroom) KARAOKE	18 9AM - 1PM Baking Class 2 - 4PM (Clubroom) Fly Boys Band
19 8:30 - 11AM (Hall) Commanders Breakfast - \$14 1 - 3PM (Hall) MHF	20 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	21 9AM - 1PM (Conf Room) Porcelain Club 6 - 7:30PM (Hall) Post 149 General Mtg	22 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) AL Riders Meeting	23 6 - 8:30PM (Hall) BUNKO	24 7 - 11PM (Clubroom) KARAOKE	25 7AM - 1PM (Hall) David Heinle Martial Arts 10:30 - 11:30AM (Hall) Bof6 General Mtg 11AM - 3PM (Conf Room) SCRABBLE Club Noon - 3PM (Patio) Memorial
26 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14	27 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	28 9AM - 1PM (Conf Room) Porcelain Club	29 6 - 7:30PM (Conf Room) Gamblers Anonymous	30 6 - 8:30PM (Hall) BUNKO	31 7 - 11PM (Clubroom) KARAOKE	1

Holidays & Observances  
 4 Independence Day

# Got Big Plans?

## Let Us Host Your Special Event!

Meeting · Banquet · Party · Wedding · Memorial  
or any other event



### Indoor Hall

- Raised stage
- 120 person capacity
- State of the Art Audio/Video system



### Outdoor Patio & Courtyard

- Cabana's in Courtyard
- 235 person capacity

Tables and Chairs included in rental fee!

American Legion Post 149  
239 E Park Ave  
Escondido, CA 92025



For a quote contact:  
Cody York, Post 149 Adjutant  
(760) 745-1159  
adjutant149@gmail.com

[www.escondidolegion.org/event-rentals](http://www.escondidolegion.org/event-rentals)

## MARKET MALL

### The Golden Egg Omelet House

10% of Food & Beverage order contributed to

### American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA 92025  
(760) 489-6420



SERVICES BY *Carmen*

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and Plant Services*

MOBILE: (440) 669-2414 | EMAIL: [carmenbell53@gmail.com](mailto:carmenbell53@gmail.com)

### BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

**\*PLEASE CONTACT THE POST ADJUTANT AT  
ADJUTANT149@GMAIL.COM  
FOR MORE INFORMATION OR TO PLACE AN AD.**

### AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.



**JOIN THE CELEBRATION. GIVE BLOOD.**

**LOONEY  
TUNES**

x



**American  
Red Cross**

# **American Red Cross Blood Drive**

## **American Legion Post 149**

Hall  
230 E Park Ave  
Escondido, CA 92025

**Thursday, July 2, 2026**  
**11:00 a.m. to 4:00 p.m.**

Papa Johns free 1-topping medium pizza coupon (online only, carryout only)  
to all presenting donors while supplies last – valid 6/1/26 – 7/31/26.

To schedule an appointment or for more information go to [RedCrossBlood.org](https://RedCrossBlood.org) |  
Use Sponsor Code: post149



Scan to be directed to  
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**Come give blood June 29-July 12 for a classic American  
Red Cross x Looney Tunes T-shirt, ltd. qty!**



Scan to schedule  
an appointment.

**1-800-RED CROSS | [RedCrossBlood.org](https://RedCrossBlood.org) | Download the Blood Donor App**