

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

## COMMANDER | GEORGE CHRISTENSEN



Greetings Legionnaires,

Do you have a wedding coming up soon? Now is a great time to brush up on your dancing skills, by joining our Free Line Dancing class every Monday evening from 6:30 to 8:00, or maybe you are looking to add to your cardio workouts, I can tell you from personal experience Line Dancing is a workout! I have been attending since the classes started so come join us!

Each Sunday a different organization of our Post family including DAV and the Brothers of Six put on a breakfast, usually from 9:00 to 11:00. Please come out and enjoy a great breakfast and camaraderie with like-minded veterans and friends.

April the nominations for post officers started and at the May general meeting we will close nominations and hold the election of post officers. That means it is not too late to throw your hat in the ring for Commander, 1st and 2nd Vice Commander.

Watch your emails for details on the upcoming Memorial Day observance at the Post. This year promises to be extra special as we not only honor the fallen but will be celebrating our legion family as well. There will be two special displays in the hall, and the riders will be serving Hamburgers and Hot Dogs.

We are looking at ways to increase our fund raising and donations with two goals in mind. The first is completing some necessary repairs to the post, there is a kitchen project to finish, and the repair of the Women's rest room in the hall. Both will require significant labor to accomplish. If you know of a local business that would like to become a building fund donor let us know, or contact them yourself. All donations are tax deductible and the adjutant can supply a letter for their records. Recently, we had to have the ice machine serviced, this is just one of the items that need maintenance to keep the post running. Past Commander Jen Holden is working on setting up a casino night in August, and recently when I visited some posts in Minnesota, I saw that meat raffles are very popular there. Jim Botts and I are looking into getting that started. If you have fund raising ideas bring them to a meeting so we can discuss during the Good of the Legion.

I again am asking the membership, do you have eight hours a month to give to the Post? We have committees that need Chairs, and members, and will be publishing a list soon. If eight hours is too big a commitment, donate four hours. If we can get members consistently working on the four pillars of the Legion, as well as taking care of the post itself, we will be sure we are serving Veteran's and their families as well as the community.

Yours in Service

George T. Christensen

Commander

J.B. Clark Post 149



## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Hello once again to all legionnaires, Sons and Auxiliary!

On Monday, May 25th, the American Legion will be holding our annual Memorial Day Celebration brought to you by the Sons of the American Legion, Squadron 149. from 1100-1500. Doors open at 10am. An American Legion family information booth will be located in the Hall. At 10am, the Sons will have a special presentation honoring their fathers and grandfathers proud service to our nation. The Memorial Day Ceremony will begin at 11am and lunch will be served at 11:30am.

I wish to close out the letter to remind you all that Club 149 now host Karaoke every Friday night and the first Saturday of every month.

The sixth annual Brothers of 6 "619" benefit dinner will be happening June 20th. Please mark your calendar now so you may come out and support this great event to benefit the San Pasqual Academy and Brother Benos. There will be dinner and live entertainment! Bring a new piece of luggage or a few bags of socks and drink specials will be provided by the legion. The "619" is very near and dear to the Brothers of 6 and will have both television and radio support to better ensure this event will be the best one yet! See you all at the 149!

## POST 149 ADJUTANT | CYNDIE AUGUST



I am honored to have been appointed the Adjutant for our post. By way of introduction, I am retired from the U.S. Navy after 24 years of service and also retired from Graybill Medical Group after 23 years.

My office hours will be Monday thru Thursday 1100 to 1400. I will be available for appointments on Friday if needed. Please feel free to stop by and say hello..

Cyndie August

Office: 760.145.1159

## CHAPLAIN | HAROLD OLSON



Hugh Pedegrew remains in rehab, Dave Gary is still in VA hospital with no visitors allowed. On May 14th I will be in the Hospital overnight for minor surgery.

As we prepare our nation's 250th birthday and the election of our new Post officers here some thoughts from the Chaplain's Manual that I feel are important for us to remember.

In service to Community, the training of youth and the preparation of young Americans to take up tomorrow's responsibilities are of vital concern to The American Legion. We must do our part to give to youth the sense of responsibility that will provide strength for character and detection. This program emphasizes: 1) The moral and spiritual values in our basic American documents; 2) Renewed interest in our Country's history and the things which made it great; 3) The acceptance of responsibilities as well as rights of citizenship; 4) The spirit of love and service for God and Country; 5) Self-discipline and self-reliance, thrift and industry, and the ideals of loyalty, honesty and personal responsibility; 6) The raising of the level of youth physical fitness; and 7) Cooperation with other agencies to eliminate juvenile delinquency and school drop-outs.

## Got Big Plans?

Let Us Host Your Special Event!

Meeting · Banquet · Party · Wedding · Memorial  
or any other event



### Indoor Hall

- Raised stage
- 120 person capacity
- State of the Art Audio/Video system



### Outdoor Patio & Courtyard

- Cabana's in Courtyard
- 235 person capacity

Tables and Chairs included in rental fee!

American Legion Post 149  
239 E Park Ave  
Escondido, CA 92025



[www.escondidolegion.org/event-rentals](http://www.escondidolegion.org/event-rentals)

For a quote contact:  
Cody York, Post 149 Adjutant  
(760) 745-1159  
adjutant149@gmail.com

## LINE DANCING LESSONS AT THE POST

MONDAYS  
6:30 - 8 PM



## KEY DATES

See calendar page and flyers for more information.

MAY 5

DAV Chap 70 Meeting

MAY 10

Mothers Day

MAY 13

SAL Meeting

MAY 19

Post Meeting

MAY 19

Auxiliary Meeting

MAY 25

Memorial Day

MAY 27

ALR Meeting

MAY 31

District 22 Meeting

Check Calendar for  
SUNDAY Breakfast  
Schedules

COUNTRY LINE DANCE

Every Monday 6:30-8 PM

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

*The One Forty Niner*

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J.B. Clark Post 149

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Send content to the  
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# *American Legion Post 149*

*Invites you to join us in celebration of  
Memorial Day*

*On 25 May, 2026 on the Patio  
featuring a special presentation entitled  
War in the Pacific*

*Sponsored by the*

*Sons of the American Legion Squadron 149*

*with displays of militaria from both America and Japan.*

- 9:00 - Post 149, to include the Clubroom, will be open to the public.
- 10:00 - WW2 "War in the Pacific" display will be open to the public in the Hall.
- 10:00 - The Sons will have a special presentation honoring their fathers and grandfathers' proud service to our nation.
- 10:00 - American Legion Family information booth will be located in the Hall.
- 11:00 - Memorial Day Ceremony will begin.
- 11:30 - BBQ Lunch will be served.



**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

## MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	<b>1</b> 7 - 11PM (Clubroom) KARAOKE	<b>2</b> 8AM - Noon (Hall) AL Auxiliary Mtg Noon - 8PM (Hall) Gamers 4 - 10PM (Patio) Private Event
<b>3</b> 9 - 11AM (Hall) DAV Breakfast - \$14 10AM - 1PM (Conf Room) Poppy Party 4 - 7PM (Hall) Escondido Little League Board	<b>4</b> 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	<b>5</b> 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	<b>6</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>7</b> 6 - 8:30PM (Hall) BUNKO	<b>8</b> Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Clubroom) KARAOKE	<b>9</b> 8AM - Noon (Hall) Darrell Issa 10AM - Noon (Conf Room) 173 Airborne Assn. 10AM - Noon (Patio) Chapter 365 2 - 3PM (Patio) Guide Dog Training
<b>10</b> <b>Mothers Day</b> 8 - 11AM (Hall) SAL Breakfast - \$14	<b>11</b> 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	<b>12</b> 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg	<b>13</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	<b>14</b> 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNKO	<b>15</b> 6 - 7PM (Patio) Bof6 Eboard Mtg 7 - 11PM (Clubroom) KARAOKE	<b>16</b> 9AM - 1PM (Patio) Canning Class 2 - 5PM (Clubroom) Fly Boys Band
<b>17</b> 8:30 - 11AM (Hall) Commanders Breakfast -\$14	<b>18</b> 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	<b>19</b> 9AM - 1PM (Conf Room) Porcelain Club 6 - 7PM (Hall) Auxiliary General Mtg 6 - 7:30PM (Hall) Post 149 General Mtg	<b>20</b> 4 - 7PM (Conf Room) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	<b>21</b> 6 - 8:30PM (Hall) BUNKO	<b>22</b> 7 - 11PM (Clubroom) KARAOKE	<b>23</b> 10:30 - 11:30AM (Hall) Bof6 General Mtg 11AM - 3PM (Conf Room) SCRABBLE Club
<b>24</b> 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14	<b>25</b> <b>Memorial Day</b> 9AM - 3PM Memorial Day Program 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	<b>26</b> 9AM - 1PM (Conf Room) Porcelain Club	<b>27</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) AL Riders Meeting	<b>28</b> 6 - 8:30PM (Hall) BUNKO	<b>29</b> All Day (Kitchen) Chef Walter 7 - 11PM (Clubroom) KARAOKE	<b>30</b> All Day (Kitchen) Chef Walter
<b>31</b> 8 - 10:30AM (Kitchen) Chef Walter 9 - 11AM (Hall) District 22 Meeting	1	2	3	4	<b>Holidays &amp; Observances</b> <b>10</b> Mothers Day <b>25</b> Memorial Day	



J.B. CLARK/POST 149



*Karaoke*  
NIGHT

FRIDAYS  
8PM - 11PM

KJ Alex 1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> Friday  
KJ Christine 2<sup>nd</sup>/4<sup>th</sup> Friday

We Want To Hear You  
**SING!**



J.B. CLARK/POST 149



**Thursday's, 6pm**  
We play 4 rounds, with dinner  
served at half-time.

*Let The Good Times Roll!*

MARKET MALL

**The Golden Egg Omelet House**

10% of Food & Beverage order contributed to

**American LEGION Post 149**



316 West Mission Ave. #101  
Escondido, CA 92025  
(760) 489-6420

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**BUSINESS AD SPECIFICATIONS**

**Business Card Ad** (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

**Business Ad** 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

**\*PLEASE CONTACT THE POST ADJUTANT AT  
ADJUTANT149@GMAIL.COM  
FOR MORE INFORMATION OR TO PLACE AN AD.**

**AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE**

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.