

The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | GEORGE CHRISTENSEN



Greetings Legionnaires,

Two big observances in March, the first was the 107th anniversary of the founding of the American Legion in Paris in 1919. The second was National Viet Nam Veterans Day on March 29th paying homage to our Veterans.

Our Auxiliary Unit 149 also hosted a children's Easter party on Saturday the 28th that included a visit from the Bunny itself.

It is with sadness that I must note the passing of Jeff Flynt a member of our Sons Squadron. Jeff was a selfless supporter of not only the Sons Squadron, but the Post and the Auxiliary as well. Jeff was a great friend to the Post who will be missed. Mike Franks, past commander, has stepped in as the Sons Adjutant, to help with this transition. As an example of Sons Spirit, they will be putting on a special presentation titled the War in the Pacific in the meeting hall during our Memorial Day ceremonies. Also, in the hall that day will be an American Legion family information booth. The post will be open to the public that day so please invite your neighbors, family, and friends as we pay homage to those who made the ultimate sacrifice in the name of freedom.

Each Sunday a different organization of our Post family including DAV and the Brothers of Six put on a breakfast, usually from 9:00 to 11:00. Please come out and enjoy a great breakfast and camaraderie with like-minded veterans and friends.

The District 22 meeting will be April 12th starting at 9:00. The meeting starts with a great breakfast put on by the Sons of the Legion starting at 8:00. The district meeting is open to all Post, Squadron, Riders, and Auxiliary members. If you have never attended, please join myself and Past Commander Jen Holden.

I want to welcome two appointees to Post positions. Cyndi August is now the Post Adjutant and is quickly working to catch up with new and renewed memberships. Tim Frazier is the Post historian and is already at work on updating our historical displays as well as working on capturing important events from our history. Thank you both for your service.

My last item of business is the upcoming nomination, and election of Post officers. The April meeting starts with the first round of nominations. Please consider seeking a nomination and running for office. Besides Post Commander we will be seeking nominations for other Post positions. At the May meeting we will close nominations and hold the election. I have been asked if I would serve another term as Post Commander. My reply is if nominated I will accept the nomination, and if the membership elects me I will serve. Do not let that influence a decision to run for office and replace me. I serve at the will of the membership.

When I say that serving as Commander is a personal privilege and pleasure that feeling stems from all the great activities and service to veterans, veteran families, and the community our members and sister organizations participate in. I am humbled by the commitment of our comrades to continue to serve.

Yours in Service

George T. Christensen, Commander

J.B. Clark Post 149



SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Comrades, I'm happy to announce Club 149 turned a profit in the month of February! Its difficult to believe 5 years later we are still suffering the long-term effects of the Pandemic. Please remember the only way we can keep our doors open is thru your continued support.

I would like to give a shout out to our clubroom committee! Great job on the St. Patrick's Day decorations. Your great teamwork certainly put Club 149 in the holiday spirit!

Due to yet another minimum wage increase, Clubroom prices will be going up soon. I promise each and every one of you we still have the best prices in town!

See you all very soon.

CHAPLAIN | HAROLD OLSON



Hugh Pedigrew and Dave Gary both remain on sick call.

More from the chaplain's manual on Service to God and Country.

The Providence of God was ever in the mind of those who laid the foundations of our Nation. Our Nation's

POST HISTORIAN | TIM FRAZIER

Historian's Request – Help Preserve Our Post History

To All Members of the Legion Family: Sons of the American Legion; ALR Riders; Auxiliary (newly re-established); The Brothers of 6; and all members of Post 149.

I am currently working on the 2025–2026 History and Scrapbook for American Legion Post 149. This project will help preserve the memories, events, and accomplishments of our Post over the past year.

At the moment, I have a few photos, but I need your help to collect more so we can properly document our Post's activities.

Photo Request

If you have any photos from the past year, please send them in. When submitting pictures, please include basic information such as:

Date or approximate time

Event name

Names of members in the photo

This information will help ensure our records are accurate and meaningful for future members.

Uniform Photo Opportunity

I am also currently working on the Post 149 Command Board.

For upcoming meetings, I ask members of the Legion Family (Auxiliary, Sons of the Legion, ALR Riders, and Brothers of 6) to please:

Wear or bring your uniform hats, shirts, or vests

Be available for individual and group photos

I will be taking group pictures for the scrapbook and photos for the command board. Your participation will help us create a complete and proud history of Post 149.

Thank you for your support.

Tim Frazier, Historian

American Legion Post 149 – J.B. Clark

security was not placed in any one individual, in classes of people or mortal plans, but was based on trust in God and the individual responsibility of a free people to God and to all citizens. The Founders of The American Legion knew that God and Country must go together, if our Country would remain great and permanent. Such is still the concept of those who guide the destinies of our organization.

AUXILIARY PRESIDENT | JOYCE WOOD

The Auxiliary is a fun, service group you can participate in. We meet every 3rd Tuesday of the month at 6:00 pm at the Post. This April 21, 2026, happens to be "Big Word Day" holiday. Let's see how we can fit into the conversation:



supercalifragilisticexpialidocious, behoove, unbelievable, or Incomprehensible as we debrief on the past Kids Easter Party we recently threw and as we plan our next adventure. We're new, we're welcoming, and we're open to new ideas. Let's continue to support the Post and its family.

Watch us grow at

www.facebook.com/profile.php?id=61586878326262

KEY DATES

See calendar page and flyers for more information.

APR 5
Easter

APR 7
DAV Chap 70 Meeting

APR 8
SAL Meeting

APR 12
District 22 Meeting

APR 21
Post Meeting

APR 21
Auxiliary Meeting

APR 22
ALR Meeting

Check Calendar for
SUNDAY Breakfast
Schedules

COUNTRY LINE DANCE
Every Monday 6:30-8 PM

BUNCO
Every Thursday 6-8:30 PM

KARAOKE
Every Friday 7-11 PM

LINE DANCING LESSONS AT THE POST

MONDAYS
6:30 - 8 PM



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of The American Legion

J.B. Clark Post 149

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American Legion Post 149
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Escondido, CA 92025



For a quote contact:
Cody York, Post 149 Adjutant
(760) 745-1159
adjutant149@gmail.com

www.escondidolegion.org/event-rentals

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

APRIL 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 April Fools Day 6 - 7:30PM (Conf Room) Gamblers Anonymous	2 6 - 8:30PM (Hall) BUNKO	3 7 - 11PM (Clubroom) KARAOKE	4 Noon - 8PM (Hall) Gamers
5 Easter 9 - 11AM (Hall) DAV Breakfast - \$14 4 - 7PM (Hall) Escondido Little League Board	6 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	7 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	8 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	9 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNKO	10 Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Clubroom) KARAOKE	11 9AM - 1PM (Patio) Canning Class 10AM - Noon (Conf Room) 173 Airborne Assn. 2 - 3PM (Patio) Guide Dog Training 6 - 8PM (Hall) Amway Mtg
12 8 - 11AM (Hall) SAL Breakfast - \$14 9 - 11AM (Hall) District 22 Meeting 3 - 11AM (Hall) Polish American Club	13 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	14 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg	15 4 - 7PM (Conf Room) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	16 6 - 8:30PM (Hall) BUNKO	17 6 - 7PM (Patio) Bof6 Eboard Mtg 7 - 11PM (Clubroom) KARAOKE	18 Noon - 4PM (Patio) Celebration of Life 2 - 5PM (Clubroom) Fly Boys Band
19 8:30 - 11AM (Hall) Commanders Breakfast - \$14 1 - 3PM (Hall) MHF	20 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	21 9AM - 1PM (Conf Room) Porcelain Club 6 - 7PM (Hall) Auxiliary Mtg 6 - 7:30PM (Hall) Post 149 General Mtg	22 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) AL Riders Meeting	23 6 - 8:30PM (Hall) BUNKO	24 7 - 11PM (Clubroom) KARAOKE	25 9AM - 1PM (Patio) Canning Class 10:30 - 11:30AM (Hall) Bof6 General Mtg 11AM - 3PM (Conf Room) SCRABBLE Club
26 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14	27 4:30 - 6:30PM (Hall) America's Youth After School Program 6:30 - 8PM Country Line Dance Lessons	28 9AM - 1PM (Conf Room) Porcelain Club	29 6 - 7:30PM (Conf Room) Gamblers Anonymous	30 6 - 8:30PM (Hall) BUNKO	1	2

Holidays & Observances

- 01 April Fools Day
- 05 Easter



J.B. CLARK/POST 149



Karaoke
NIGHT

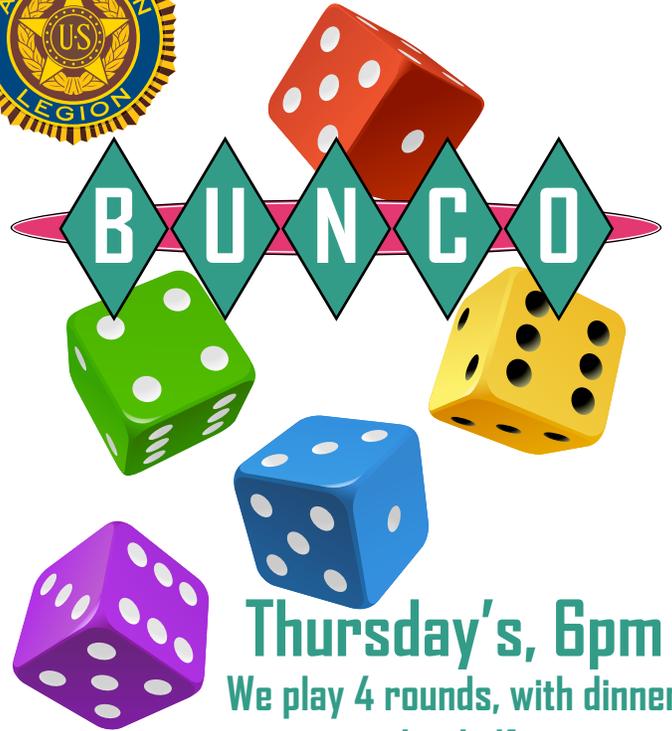
FRIDAYS
8PM - 11PM

KJ Alex 1st/3rd/5th Friday
KJ Christine 2nd/4th Friday

We Want To Hear You
SING!



J.B. CLARK/POST 149



Thursday's, 6pm
We play 4 rounds, with dinner
served at half-time.

Let The Good Times Roll!

MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

American LEGION Post 149



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(minimum 3 mos. advertisement cycle required)

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(minimum 3 mos. advertisement cycle required)

***PLEASE CONTACT THE POST ADJUTANT AT
ADJUTANT149@GMAIL.COM
FOR MORE INFORMATION OR TO PLACE AN AD.**

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.