

The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK — SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | GEORGE CHRISTENSEN



Greetings Legionnaires, This month I took a ride down to San Diego and attended the Post 6 general meeting. What a great group, they are putting together a backpack drive and the post was crammed with backpacks of all shapes, sizes, and colors. They are a very active post they host Bingo nights with dinner, have an amateur radio club, host card games, and more. I was really glad I went, I am a amateur radio operator KO6EFJ, and I got some help figuring out my handheld.

This is the start of a pledge I made to myself to visit all the posts in District 22. We will be hosting the District 22 meeting on August 3rd, Post members and Officers are invited to attend the district meeting.

As the schools in Escondido, San Marcos, and Valley Center begin to open we will be in contact to speak with them about this year's oratorical contest. This is a scholarship opportunity for students. The American Legion Oratorical Contest exists to develop deeper knowledge and appreciation for the U.S. Constitution among high school students. Since 1938, the program has presented participants with an academic speaking challenge that teaches important leadership qualities, the history of our nation's laws, the ability to think and speak clearly, and an understanding of the duties, responsibilities, rights and privileges of American citizenship.

Assigned Topics for 2026 Oratorical Contest

Amendment IV

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

Article III

Section 3. Treason against the United States, shall consist only in levying War against them, or in adhering to their Enemies, giving them Aid and Comfort. No Person shall be convicted of Treason unless on the Testimony of two Witnesses to the same overt Act, or on Confession in open Court.

The Congress shall have Power to declare the Punishment of Treason, but no Attainder of Treason shall work Corruption of Blood, or Forfeiture except during the Life of the Person attainted.

Article IV

Section 4. The United States shall guarantee to every State in this Union a Republican Form of Government, and shall protect each of them against Invasion; and on Application of the Legislature, or of the Executive (when the Legislature cannot be convened) against domestic Violence.

Continued ...



OMMANDER | GEORGE CHRISTENSEN (CONT)



Article VI

Clause 3. The Senators and Representatives before mentioned, and the Members of the several State Legislatures, and all executive and judicial Officers, both of the United States and of the several States, shall be bound by Oath or Affirmation, to support this Constitution; but no religious Test shall ever be required as a Qualification to any Office or public Trust under the United States.

The support of many volunteers is needed to conduct this wonderful event, at the post and district level, which in 2025 provided more than \$203,500 in college scholarships to contest quarter-finalist, semi-finalist and finalist. If you want to be a part of the Americanism committee and help out with oratorical please contact myself or the Adjutant.

Help me to help you bring the Post together as the voice of Veteran's in Norh County.

Yours in Service, George Christensen

SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



I would like to take a moment to thank each and every one of you coming into Club 149 every day and supporting the club. I see the sales are trending up and I could not be happier! Covid forced many Posts around the country to permanently close their doors. Unfortunately, California was hit hardest. We are very lucky to have the doors still open. This can only continue by our legionnaires continued patronage of Club 149. THIS IS YOUR CLUB and I welcome any suggestions that will contribute to the betterment of this Post and its Club.

As many of you are aware, I serve many positions within the community and wear several hats as well, at times I do feel overwhelmed and perhaps spread a bit too thin. It is a blessing that Club 149 has an amazing professional staff that enables me to assist in planning our upcoming Grape Day Fest happening on September 13th in Grape Day Park as well as Serving as Co-Chair of VetFest that will be taking place on November 11th. Ladies (and Thomas), in all sincerity I say I could not do what I do without you! I could not have a better staff and I can never thank you enough! For those of you who's smiling faces we have not seen in a while, we hope to see you, your friends and family in the near future. You are sorely missed. See you at Club 149!

POST 149 ADJUTANT | CODY YORK



As we move into August, let's make it "Call a Buddy" Month. Please reach out to at least one fellow member — check in, see how they're doing, and invite them to a meeting or down to the post for a drink.

In that same spirit, we have members who are no longer ambulatory and can't make it out to the post. If you know of any such members, please let me know. We're putting together a list so we can organize visits and ensure they know they are not forgotten.

Upcoming Event – August 2nd

The Freedom Ghost Riders Veteran Motorcycle Club will be hosting a free lunch for Veterans out on the patio from 11 AM to 2 PM.

We'll also have The Fly Boys, a live blues band, playing during and after lunch. Come enjoy the music, food, and camaraderie!

2026 Membership Renewals

The renewal window for 2026 is now open! Be an Early Bird and renew today — help our post win the Early Bird competition.

Great News – Post Improvements Underway

We've received a grant for kitchen upgrades and have already purchased new cabinets. Construction will begin very soon! If you'd like to volunteer to help empty the cabinets, please reach out. Every bit of help is appreciated.

Let's Talk About General Membership Meetings

Currently, we're seeing the same 15–16 members attend our monthly meetings. This is your post — and your voice matters. If you have concerns or ideas, we need you to show up and speak up.

It's easy to complain, but solutions come from those willing to engage. If you bring a concern, bring a solution too — or at least the willingness to work on one with your fellow Legionnaires.

Think of it like voting: if you don't participate, you can't expect things to change. Let's work together to shape the future of our post.

KEY DATES

See calendar page and flyers for more information.

AUGUST 2

Freedom Ghost Riders Lunch

AUGUST 3

District 22 Meeting

AUGUST 6

Blood Drive

AUGUST 17

Clubroom Breakfast

AUGUST 19

Post Meeting

Check Calendar for
FRIDAY Dinner and
SUNDAY Breakfast
Schedules

BUNKO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

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of The American Legion
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August 2nd Lunch For Vets

The Freedom Ghost Riders Veteran Motorcycle Club will be hosting a free lunch for Veterans out on the patio from 11 AM to 2 PM.

We'll also have The Fly Boys, a live blues band, playing during and after lunch. Come enjoy the music, food, and camaraderie!



POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST
At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

AUGUST 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 7 - 11PM (Hall) KARAOKE	2 11AM - 3PM (Patio) Freedom Ghost Riders Free Lunch for Vets
3 9 - 11AM (Hall) DAV Breakfast - \$14 9AM - Noon (Hall) District 22 Meeting 4 - 7PM (Hall) Escondido Little League Board	4 4:30 - 6:30PM America's Youth After School Program	5 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911	6 All Day (Hall) Blood Drive 6 - 7:30PM (Conf Room) Gamblers Anonymous	7 6 - 8:30PM (Hall) BUNKO	8 Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Hall) KARAOKE	9 10AM - 12PM (Conf Room) 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training
10 9 - 11AM (Hall) Sons Breakfast - \$14	11 4:30 - 6:30PM America's Youth After School Program	12 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	13 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 7:30PM (Hall) SAL Meeting	14 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNKO	15 7 - 11PM (Hall) KARAOKE	16
17 9 - 11AM (Hall) Clubroom Breakfast - \$14 5 - 3PM (Hall) MHF	18 4:30 - 6:30PM America's Youth After School Program	19 9AM - 1PM (Conf Room) Porcelain Club 5 - 5:30PM (Hall) House Committee Mtg 6 - 7:30PM (Hall) Post 149 General Mtg	20 4 - 6PM (Hall) Vietnam Vets of America 6 - 7:30PM (Conf Room) Gamblers Anonymous	21 6 - 8:30PM (Hall) BUNKO	22 7 - 11PM (Hall) KARAOKE	23 11AM - 3PM (Conf Room) SCRABBLE Club 11AM - 5PM (Hall) Kiwanis Key Club Youth
24 9 - 11AM (Hall) Brothers of 6 Breakfast - \$14 1 - 7PM (Hall) MHF Gala	25 4:30 - 6:30PM America's Youth After School Program	26 9AM - 1PM (Conf Room) Porcelain Club	27 6 - 7:30PM (Conf Room) Gamblers Anonymous 6:30 - 8PM (Patio) ALR 149 Meeting	28 6 - 8:30PM (Hall) BUNKO	29 7 - 11PM (Hall) KARAOKE	30 2 - 9PM Zenith Gaming
31 8 - 11AM (Hall) Riders Breakfast - \$14	1	2	3	4	5	6



J.B. CLARK/POST 149



Karaoke
NIGHT

FRIDAYS

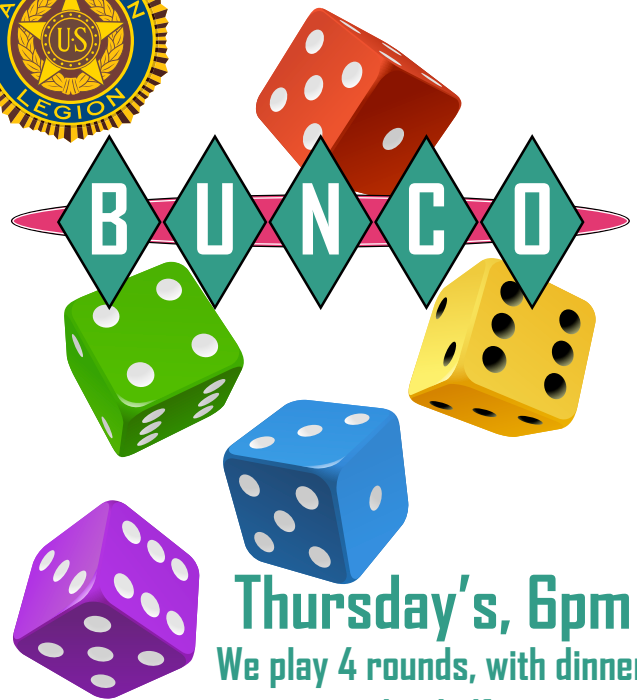
8PM - 11PM

KJ Alex 1st/3rd/5th Friday
KJ Christine 2nd/4th Friday

We Want To Hear You
SING!



J.B. CLARK/POST 149



Thursday's, 6pm

We play 4 rounds, with dinner
served at half-time.

Let The Good Times Roll!

MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

American LEGION Post 149



316 West Mission Ave. #101
Escondido, CA 92025
(760) 489-6420

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.
(minimum 3 mos. advertisement cycle required)

*PLEASE CONTACT THE POST ADJUTANT AT
ADJUTANT149@GMAIL.COM
FOR MORE INFORMATION OR TO PLACE AN AD.

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AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.