

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

## COMMANDER | JEN HOLDEN



As we welcome March, I want to let you know that we are doing a Buddy Check on JB Clark Post 149 Members! Spring is just around the corner, bringing with it some great opportunities to come together in camaraderie and service. We need volunteers to help conduct make those phone calls to our comrades. This is an important part of being in the American Legion Family. We care about one another and want to make sure we are supporting each other.

### College Night – March 15th

Join us in the Clubroom for the band Carl's Bad Habits and their college student body following! We'll have drink specials and plenty of Irish cheer. Wear your green and enjoy an evening of fun!

### 🏟️ American Legion Baseball Season Kickoff

The American Legion Baseball season is just around the corner! Post 149 has long supported our local youth athletes, and we're excited to see our teams back in action. Stay tuned for game schedules and ways you can support the players. Whether it's attending games, volunteering, or spreading the word, your involvement makes a difference!

### 🕒 March Post Meeting – March 18th at 6 PM

All members are encouraged to attend our monthly meeting. We'll be discussing upcoming events, ongoing initiatives, and ways we can better serve our veterans and community. Bring a fellow Legionnaire—let's grow our ranks!

### ☕ Sunday Morning Breakfast starts at 9 AM

Join us on Sunday mornings for a morning meal and good company. Our Sunday morning breakfasts help support the post, so come hungry and bring a friend! The hosts for the breakfasts are:

1st Sunday: Disabled American Veterans Chapter 70

2nd Sunday: Sons of the American Legion Squadron 149

3rd Sunday: VACANT - No breakfast scheduled yet! (If you are aware of an organization that would be interested in doing a breakfast please let me know. All the proceeds go to the organization hosting.)

4th Sunday: Brothers of 6 Charities, Inc.

5th Sunday: American Legion Riders Chapter 149

If you haven't renewed your membership yet for 2025, now is the time! Your membership keeps Post 149 strong and allows us to continue supporting veterans, youth programs, and our community. Our post thrives because of the dedication of our members. Whether you volunteer, attend events, or simply renew your membership, you are an essential part of Post 149. Let's continue to make a difference together. See you at the post! For God and Country.



## FIRST VICE | GEORGE CHRISTENSEN



The primary responsibility of the 1st Vice Commander is membership. Not only bringing in new members but also being available for current members. We are on step closer to kicking off our buddy check phone campaign. At our last business meeting I had two comrades volunteer to help with the phone campaign. My plan is to have ten callers with ten names of members to contact. If you would like participate in this effort please contact the Adjutant.

The Adjutant reported recently the he has been on some social media sites corresponding with younger veterans. He reported that they didn't really see a need to join the Legion. We need to remind these fellow veterans that many of the veteran benefits they use and have available are because of lobbying efforts by the American Legion. Where else can they get an advocate to lobby for them for the low price of an annual membership. Here are some bullet points to use:

The legislative division of the American Legion promotes the organization's positions and recommendations of congress.

The American Legion strongly advocates for additional legislation to improve the lives of veterans, servicemembers, and their families.

The American Legion gives Legislative testimony delivering the voice of the veteran to lawmakers. Here is an example:

Currently, combat-injured veterans face a reduction in their retirement pay for every dollar of disability compensation they receive. The Major Richard Star Act aims to rectify this by allowing combat-injured veterans to receive both their earned retirement pay and disability compensation without offset.

The American Legion is running a grass roots campaign to ensure this measure has support in both the House and Senate.

Let's help our younger veterans understand this vital role the legion plays and how their membership supports these efforts.

## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



As we say goodbye to Winter and welcome Spring, I wish to invite you all to "College Night" taking place on Saturday, March 15th and I hope every one of you will join us for our St. Patrick's Day celebration on Monday, March 17th. Both events are sure to be a great time!

It has recently come to my attention that conflict is occasionally being created on the patio as individuals are taking it upon themselves to open the garage doors and /or turn on the heater without consulting the bartender on duty. It is important to remember that the patio is for all of us to enjoy and it is no place for conflict or possible altercations. The bartender has final say on matters concerning the doors and heaters. If the temperature on the patio is too hot or too cold then please defer your concerns to the bartender and they will

do everything they can to make your legion experience on the patio more comfortable. Thank you all for your understanding and support!

## POST 149 ADJUTANT | CODY YORK



We've faced some challenges with events this past month, and I want to address an important issue. Despite having 617 members, we struggle to find just 5 or 6 volunteers for events like Third Friday Dinners, post breakfasts, and other gatherings. This post belongs to all of us, and its success depends on collective support. Without volunteers and participation, we risk losing the very place we've all worked so hard to maintain. Events aren't just about socializing — they generate vital revenue to keep the post running. Yet, only 15 people attended the last dinner, which is a disappointing turnout. We want to host more events, but we need your help to make them happen. There are committees that need members, such as Law and Order Dinner, Fundraising, and Club Room. If you take pride in this post, please step up and get involved.

### Upcoming Dinner:

Date: March 8th (rescheduled due to college night on the third Saturday)

Status: Dependent on volunteer participation — without enough help, this and future dinners may be canceled.

I invest time and effort into organizing dinners and running Pub Grub on Sundays, Tuesdays, and Thursdays to bring people into the clubroom — not for myself, but for the members and the community. We offer meals at prices lower than local restaurants, creating an affordable way to gather and connect.

### Membership Renewals:

We're currently at 80% renewal — meaning 125 members are still outstanding.

Please renew in person or online at [mylegion.org](http://mylegion.org).

If you know a veteran who isn't a member, invite them to visit — the first beer is on the post!

Let's work together to keep our post thriving. Your time, presence, and support make a difference.

**For any questions or to get involved, reach out to the Adjutant: [Adjutant149@gmail.com](mailto:Adjutant149@gmail.com) | (760) 208-5775**

## KEY DATES

See calendar page and flyers for more information.

MAR 8

Post Dinner

MAR 9

Daylight Savings Begins

MAR 12

SAL Meeting

MAR 15

College Night

MAR 17

St. Patrick's Day

MAR 18

Post Meeting

MAR 26

ALR Meeting

Check Calendar for  
SUNDAY Breakfast  
Schedules

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

# Post Dinner

## March 8<sup>th</sup> - 5PM



# Spring forward

## SET YOUR CLOCKS AHEAD ONE HOUR

Sunday, March 9, 2025, AT 2: 00 AM

*The One Forty Niner*

The Official Publication  
of The American Legion

J.B. Clark Post 149

230 E Park Avenue,  
Escondido, CA

760-754-1159

Fax 760-745-1676

Website

EscondidoLegion.org

Correspondence regarding  
mailing, send to the  
Adjutant at  
adjutant149@gmail.com

Send content to the  
Adjutant at

adjutant149@gmail.com

# Got Big Plans?

## Let Us Host Your Special Event!

Meeting · Banquet · Party · Wedding · Memorial  
or any other event



### Indoor Hall

- Raised stage
- 120 person capacity
- State of the Art Audio/Video system



### Outdoor Patio & Courtyard

- Cabana's in Courtyard
- 235 person capacity

Tables and Chairs included in rental fee!

American Legion Post 149  
239 E Park Ave  
Escondido, CA 92025



For a quote contact:  
Cody York, Post 149 Adjutant  
(760) 745-1159  
adjutant149@gmail.com

[www.escondidolegion.org/event-rentals](http://www.escondidolegion.org/event-rentals)

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**  
 At the the Post Breakfast in your birthday month - All you can eat buffet!

## MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	1
<b>2</b> 8 - 11AM (Hall) DAV Breakfast - \$14 4 - 7PM (Hall) Escondido Little League Board	<b>3</b>	<b>4</b> 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911	<b>5</b>	<b>6</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	<b>7</b> 7 - 11PM (Hall) KARAOKE	<b>8</b> 8AM - 1:30PM (Hall) Blue Star Moms 10AM - Noon (CR) 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training 5 - 7PM Post Dinner - \$16
<b>9</b> <b>Daylight Savings</b> Set clocks ahead 1 hr at bedtime Saturday 8 - 11AM (Hall) SAL Breakfast - \$14	<b>10</b>	<b>11</b> 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg	<b>12</b> 6 - 7:30PM (Hall) SAL Meeting	<b>13</b> 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Clubroom) BUNCO	<b>14</b> Noon - 1PM (Hall) Senior Anglers 7 - 11PM (Hall) KARAOKE	<b>15</b> 6 - 10PM (Clubroom) College Night
<b>16</b> 1 - 3PM (Hall) MHF	<b>17</b> <b>St. Patrick's Day</b>	<b>18</b> 9AM - 1PM (Conf Room) Porcelain Club 5 - 5:30PM (Hall) House Committee Mtg 6 - 7:30PM (Hall) <b>Post 149 General Mtg</b>	<b>19</b> 4 - 6PM (Hall) Vietnam Vets of America 6:30 - 8PM (Patio) Cal State San Marcos Vets	<b>20</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	<b>21</b> 7 - 11PM (Hall) KARAOKE	<b>22</b> 11AM - 3PM (Conf Room) SCRABBLE Club
<b>23</b> 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14 3 - 6PM (Hall) Polish-American Club	<b>24</b>	<b>25</b> 9AM - 1PM (Conf Room) Porcelain Club	<b>26</b> 6:30 - 8PM (Patio) ALR 149 Meeting	<b>27</b> 6 - 7:30PM (Conf Room) Gamblers Anonymous 6 - 8:30PM (Hall) BUNCO	<b>28</b> 7 - 11PM (Hall) KARAOKE	<b>29</b>
<b>30</b> 8 - 11AM (Hall) Riders Breakfast - \$14	<b>31</b> <b>César Chávez Day</b>	1	2	3	4	5

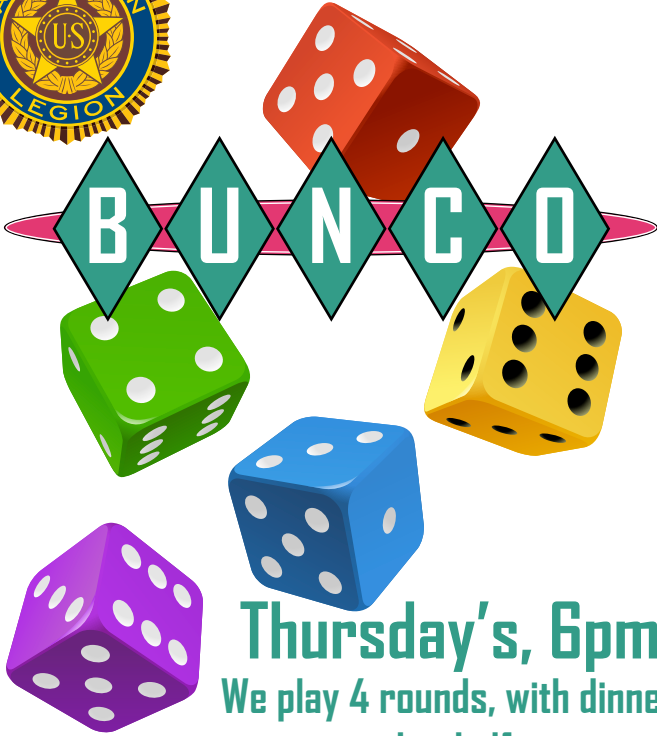
Holidays & Observances

9 Daylight Savings Starts  
 17 St. Patrick's Day

20 Spring Equinox  
 31 César Chávez Day



J.B. CLARK/POST 149



Thursday's, 6pm  
We play 4 rounds, with dinner served at half-time.

Let The Good Times Roll!



J.B. CLARK/POST 149



Karaoke NIGHT

FRIDAYS

8PM - 11PM

KJ Alex 1st/3rd/5th Friday  
KJ Christine 2nd/4th Friday

We Want To Hear You SING!

MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

American LEGION Post 149



316 West Mission Ave. #101  
Escondido, CA 92025  
(760) 489-6420

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

\*PLEASE CONTACT THE POST ADJUTANT AT  
ADJUTANT149@GMAIL.COM  
FOR MORE INFORMATION OR TO PLACE AN AD.

alldaysigns@gmail.com  
instantsignsandprints.com

Instant Signs and Prints

760.442.1366

520 N. Quince St. Suite #4  
Escondido, CA. 92025



\$6 SELECT PINTS  
DISCOUNTED APPETIZERS

MON-THURS 2-4PM

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.