

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | JEN HOLDEN





As Memorial Day passes and summer begins, the American Legion continues its unwavering dedication to honoring the brave men and women who have served and are serving our country. On Memorial Day, our Post hosted a crowd of around 50 people after the ceremony at Oakhill Cemetery. A the Post we held a brief ceremony which consisted of a eleven plaque dedications on the Honor and Remembrance Wall for Escondido Fire Department personnel, a short history of

Memorial Day, and the playing of Taps by Gretchen Heffler, Bugles Across America, followed by a luncheon prepared by our very own 1st Vice Commander, Paul McNamara. The Post was bustling with people and activity and I want to say thank you to all who helped pull it off.

Post Officers will be sworn in on Sat. June 1, 2024 at 11:00am in the Hall. Diane DeVries, American Legion Department of California Parliamentarian, will be conducting the swearing in. All are invited to attend.



The Post Officers elected are:

Jennifer Holden, Commander

Paul McNamara, 1st Vice Commander

Stef Holden, 2nd Vice Commander

Art Lubben, Finance Officer



Appointed Officers:

Adjutant: VACANT

Chaplain: Chuck Faupel

John Putnam, Sgt-at-Arms
Jim Botts, 2 year E-board
Harold Olson, 2 year E-board
Drew Riley, 1 year E-board
Jeff Sheggrud, 1 year E-board

Historian: VACANT

Service Officer: Harold Olson

Judge Advocate: Penu Pauu



The vacant offices need to be filled and I am reaching out to you as Post Members to offer your time and effort to help manage the Post. I cannot do this alone and I need your support to make the Post successful. To get more information on what each Posting entails please email me at jennifer.lea.holden@gmail.com or call me 760-533-7920. I look forward to hearing from you.

Looking ahead, we have a busy calendar in June. Escondido Battalion of Sea Cadets will be holding their end of year banquet and awards ceremony on June 1st. The Brothers of 6 will be hosting their 4th Annual San Diego Day Luggage and Sock Drive to benefit the San Pasqual Academy on June 15, 2024 at 4:00pm on the Patio. The San Pasqual Academy is the first-in-the-nation residential education campus designed for youth in foster care that serves as a placement option for 12-17 year olds and Non-minor dependents up to age 19. Please bring a new piece of luggage or package of socks to the Post to support this worthy cause.

For more information on upcoming events, please visit our website to view the calendar and follow us on Facebook! See you around the Post!



THE ONE FORTY NINER MAY, 2024

FIRST VICE | PAUL MCNAMARA



As I write this article, Memorial Day is right around the corner. As a veteran like you, Memorial Day is special to me. It makes me think of the Comrades I have known and who are now gone. And it is not just those killed in combat, but also those who we've lost in

accidents, or through disease or age. I remember my association with these veterans who were also my friends. I think of them and the experiences we shared. The truth is I miss them. They were good people, good Americans, good friends. I feel blessed to have known them, and share a part of my journey through life with them.

I also always wonder; how do we honor them? Whether they were combat heroes, or gave their life in a tragic accident, or succumbed to a disease due to exposure, they all shared a love of our country and were willing to sacrifice for it. We felt and still feel that same love of our country. So, what is our obligation in honoring them. While I've wrestled with that question, I think the answer is summed up in the American Legion Preamble. I think my friends who have passed would want me to honor them by being faithful to the tenants of that preamble. We recite it at every meeting but do we really read the words. These are powerful phrases - To ... defend the Constitution ... to inculcate a sense of individual obligation ...to promote peace and good will on earth; to safeguard and transmit to posterity the principles of justice, freedom and democracy; ...

Next time you read our Preamble, I would ask you to take a moment and think through what it says. I think those who are gone would smile knowing someone still cares about something they loved.

See you at the Post.

SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



I would like to take a moment to graciously thank each and every one of you for your patience last month as when the clubroom increased prices the cash registers were programed incorrectly. I take full responsibility and the problem was

corrected in less than 24 hours. Again, my apologies and thank you for your patience and your continued support of our post in these trying economic times.

Club 149, in conjunction with Brothers of 6 Charities Inc., are excited to present the 4rd annual "619 Dinner" celebrating the history of San Diego County! The dinner is paired with a luggage and sock drive to benefit the San Pasqual Academy and homeless shelters throughout San Diego County. Bring a NEW piece of luggage, backpack,

duffel, tote or a NEW package to receive a drink special. The event is to take place Saturday, June 15th. Dinner is served at 5pm and live music featuring "The Jesse Cox Syndrome" will begin at 6pm.

We will see you all at Club 149!

POST 149 ADJUTANT | BILL STINTSMAN



Almost daily someone asks me who is taking over as the next Adjutant. That's a good question that remains unanswered. We're still looking for a few good candidates. Yes, you! Moving on in life, exploring new places, and staying involved

with the family is also part of life. Being an active member of a veteran service organization is something that should also be a part of our lives. If you have already served your local Post – we all thank you. If you haven't – well, it's your time to shine. Posts don't survive when the membership sits at the bar complaining about the future demise of yet another Post, but that's all I seem to hear lately. Stop complaining and do something positive for the organization. Step up and become an active participant in the leadership of this great organization and see it progress into the future instead of becoming a piece of our past. The Adjutant is one of the most important officer positions in the Post, and it is a very fulfilling job. Stop by the office and find out that this job is a actually a right fit for you.

CHAPLAIN | CHUCK FAUPEL



No deaths/No sickbay

Thou shalt love the Lord thy God. . . . Thou shalt love thy neighbor . . .

–Matthew 22:37–39

Here is the answer to the world's problems

today—"Thou shalt love the Lord thy God" and "Thou shalt love thy fellowman." That teaching is not out of date; it is absolutely relevant today. It is the only way in which the problems of the world today can be solved, whether the problems are those of individuals or of nations. If we love God with all our heart, we will have capacity to love our neighbors. True love will find an outlet in service—not merely in singing hymns, attending church, or even in praying—but in trying our utmost to prove our love, by obeying the will of our heavenly Father.

THE ONE FORTY NINER MAY, 2024

KEY DATES

See calendar page and flyers for more information.

JUNE 1
Post Officer Installation

JUNE 2
District 22 Annual Meeting

JUNE 15 & 21 Blood Drive

JUNE 15 Brothers Of 6 619 Dinner

JUNE 18 Post Meeting

Check Calendar for FRIDAY Dinner and SUNDAY Breakfast Schedules

Pub Grub by Cheryl Every Sunday 3 PM

BUNCO Every Thursday 6-8:30 PM

KARAOKE Every Friday 7-11 PM

The One Forty Viner

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J.B. Clark Post 149

230 E Park Avenue, Escondido. CA

760-754-1159 Fax 760-745-1676

Website EscondidoLegion.org

Correspondence regarding mailing, send to the Adjutant at adjutant149@gmail.com

Send content to the Adjutant at adjutant149@gmail.com

Give Blood.



American Red Cross Blood Drive

American Legion Post 149

Saturday, June 15, 2024 8:00 a.m. to 12:30 p.m. Friday, June 21, 2023 8:00 a.m. to 3:30 p.m.

Please visit RedCrossBlood.org and enter post149 to schedule an appointment



Saturday, June 15 2024

619 is San Diego's OG Area Code, & the Brothers of 6 invite you to our 4th Annual dinner in honor of California's Oldest (& Finest) City.

Bring the whole family to American Legion Post I49 for Dinner and Program beginning at 5 PM, followed by Live Music until you can't dance any more.

Only \$15/person!



Luggage & Sock Drive

Beyond our dedication to historic preservation, The Brothers of 6 is dedicated to the future of our community and ensuring everyone who lives here has the best opportunity to succeed.

We invite you to bring a NEW piece of luggage, a backpack, duffel or tote to benefit students at San Pasqual Academy OR a NEW Package of socks for local Homeless Shelters to distribute.

San Pasqual Academy is a first-in-the-nation residential education campus designed specifically for youth in foster care, and socks are the #I requested item by the homeless shelters we support.

RSVP TODAY AT www.BrothersOf6.org

THE ONE FORTY NINER MAY, 2024

Get Calendar Updates at

EscondidoLegion.org
Or Call 760-754-1159 and use auto menu

The American Legion J.B. Clark Post 149 Escondido, CA

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

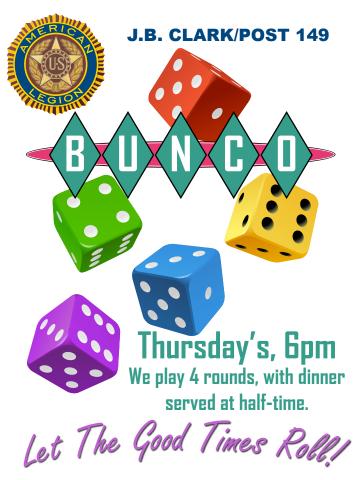
JUNE 2024

JUNE 2024						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 8AM - 4PM (Hall) Post Officer Installation Ceremony 4 –9PM (Hall) Sea Cadets Dinner
2 8 - 11AM (Patio) SAL Breakfast - \$14 9AM - Noon (Hall) District 22 Annual Meeting 3PM (Clubroom) Pub Grub by Cheryl	3 6 - 7:30PM (Conf Room) Gamblers Anonymous	9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 8PM (Hall) Post 1513 VFW Meeting	5	6 6 - 8:30PM (Hall) BUNCO	7 7 - 11PM (Club Room) KARAOKE	8 8AM - 1:30PM (Hall) Blue Star Moms 10AM-Noon (Conf Room 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training
9 8:30 - 11AM (Hall) DAV Breakfast - \$14 1 - 3PM (Hall) MHF Meeting 3PM (Clubroom) Pub Grub by Cheryl	10 6 - 7:30PM (Conf Room) Gamblers Anonymous	9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg.	12 6 - 7:30PM (Hall) SAL Meeting	13 5 - 8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNCO	8AM - 5PM (Hall) Lifeline Screening 1 - 6PM (Patio) Celebration of Life 7 - 11PM (Club Room) KARAOKE	7AM - 12:30PM (Hall) Red Cross Blood Drive 4 - 10PM (Hall) Retirement Party 5 - 10PM (Patio) B06 619 Dinner Luggage Drive and Dinner
8 - 11AM (Hall) Post Breakfast - \$14 3PM (Clubroom) Pub Grub by Cheryl	17 6 - 7:30PM (Conf Room) Gamblers Anonymous	18 9AM - 1PM (Conf Room) Porcelain Club 6 - 7:30PM (Hall) Post 149 General Mtg	4-6PM (Hall) Vietnam Vets of America	6 - 8:30PM (Hall) BUNCO	21 8AM - 3:30PM (Hall) Red Cross Blood Drive 7 - 11PM (Club Room) KARAOKE	22 11AM - 3PM (Conf Roon SCRABBLE Club 2 - 10PM (Patio) Gudino Party 4 - 11PM (Hall) Gallardo Party
8-11AM (Hall) Brothers of 6 Breakfast - \$14 3PM (Clubroom) Pub Grub by Cheryl	24 6 - 7:30PM (Conf Room) Gamblers Anonymous	25 9AM - 1PM (Conf Room) Porcelain Club	26 5:30 - 6:30PM (Patio) ALR Dinner 6:30 - 8PM (Patio) ALR 149 Mtg.	27 6 - 8:30PM (Hall) BUNCO	28 7-11PM (Club Room) KARAOKE	29
9 - 11AM (Hall) Riders Breakfast - \$14 3PM (Clubroom) Pub Grub by Cheryl		Holidays & Obs	ervances			

14 Flag Day

16 Father's day 2024





MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

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BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo. (minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo. (minimum 3 mos. advertisement cycle required)

*PLEASE CONTACT THE POST ADJUTANT AT ADJUTANT149@GMAIL.COM FOR MORE INFORMATION OR TO PLACE AN AD.



MOBILE: (440) 669-2414 | EMAIL: carmenbell53@gmail.com