

The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | JEN HOLDEN



Thank you all who attended the last Post meeting. The second round of nominations and elections for Post Officers will be held at the May Post meeting on May 21, 2024 at 6:00 PM. I encourage you to attend our meeting and participate in the democratic process to establish how your Post is run and who runs it. I am disappointed in the turn out for the Post meeting to nominate Post officers. This is YOUR Post! The same individuals who have been serving as Officers are again nominated. We need fresh blood and ideas in our meetings. Please come to the election meeting and show your support by running for an office or just to vote.

Our Law and Order dinner was a success and we honored Escondido PD and FD. Many thanks to Mike Frank and Penu Pauu for doing all the leg work and heavy lifting. The program would not have been successful without you both. I want to give a huge shout out to the Escondido Sea Cadets Battalion for their outstanding efforts in providing our color guard, serving the meal, helping to clean up. I want to thank the Sons of the American Legion for providing the meal. The food was excellent! Last but not least I want to thank Cathy Wathen for her guidance and support for the decorations, set up, and overall functioning of the event.

The Post will survive our current fiscal woes. I know it will, and it will because of you. The Post needs your help to put on functions and events. The Clubroom Committee needs to be revitalized and this can be done by any Post member. If you are interested please see me and we can talk about putting the committee together.

Here are some positive things we can do collectively to support the Post.

- Donate an hour or two of your time to the Post monthly.
- Attend meetings, and be on time.
- Participate and be invested in the meeting; this is your Post.
- When a volunteer for a function or project is needed, offer to be one.
- This organization provides a valuable community and support system. Participate in the Post's events: dinner, breakfast, karaoke, and other activities.
- Give one another grace. We all come from different backgrounds, but we are all veterans.



SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



My fellow legionnaires, Spring is officially upon us! I'm happy to report that sales in the clubroom continue to trend up. As the weather continues to improve, hopefully the post will see more rentals and events. Remember this is YOUR Post and the only way we can continue to keep the doors open is with your continued support.

A Memorial Day program is currently being planned, details will be announced in the near future.

June 22 Club 149, in conjunction with Brothers of 6 Charities Inc., will be hosting the 4th annual "619 Dinner". The event is a luggage and sock drive to benefit the San Pasqual Academy and various homeless shelters throughout North County. Dinner will be available as well as live music. This event has been very successful as well as a great amount of fun for a good cause. Please put June 22nd on your calendar right away!

We will see you all very soon at Club 149!

POST 149 ADJUTANT | BILL STINTSMAN



We, as citizens of this great land, are held to a duty and responsibility of electing leaders and deciding which laws, bond measures, and other initiatives should be approved at the local, state, and federal level in order to keep our government functioning. To do this, we should research the people and items on the ballot to decide how to mark it. Throwing darts at a wall to decide our country's fate is foolish at best, and deciding not to vote is even more foolish, but at least in darts, you did something other than sitting idly by and watching the government fail before your very eyes. The inaction of voters across the nation has resulted in more problems than we can count, and the resulting repercussions of the bad policies and lack of common-sense actions that were voted into law take countless years to reverse and correct, yet it seems to happen every election cycle. And when all is said and done, everyone sits around complaining about the results and our country's lack of forward progress.

What does this have to do with the Post? Well, we are also in an election cycle, and we do this each and every year. There are seven leadership positions at the Post that need to be filled annually and they can't be filled by members sitting on the sidelines and watching others do what you might be capable of doing yourself, but your inaction in the election system at the Post means the same thing that it does with the federal government. While your general election ballot will be mailed to your home, allowing you to vote in the comfort of your pajamas, the Post elections are held at the May General Membership meeting that requires you to get out of your house every once in a while. Show up at the Post meetings at 6:00 PM on the 3rd Tuesday of each month and see the process, meet the people, and get involved. You might find that you have something to offer "The American Legion" and our Post, you might make a positive difference in our Post's future, and you might just like it. And by the way, you can even throw darts at the wall*.

***Disclaimer: There is a specific spot at the Post for you to throw darts. Please don't just start chucking darts at any wall in the Post. That might be a crime, and I'm sure there is a specific California Civil Code that says so, but I'll let you research that to protect your rights. (I had to include this because of the possible lack of common-sense that may be applied.)**

HOUSE COMMITTEE | KEVIN WOOD



The House Committee meets once a month and decides what projects deserve our attention the most, is on the 3rd Tuesday of every month. The next meeting is Tuesday May 14th from 5:00 to 5:30 PM in the conference room. Come in any time during that half hour period if you're interested in helping out with maintaining the building's integrity. No experience is necessary. Another option is to join us at the next Post clean-up to assist in scheduled building improvements project, or any of future events. One of the best ways to meet and get to know people is to work together. Post Breakfasts are held once a month. Volunteering to help with the breakfast is just one of many ways to help the post stay afloat and it is also a good opportunity to socialize with other members.... it's work, but most of us have a pretty good time and quite a few laughs in the process. You are also contributing to a good cause, a Veterans charity that's all too often overlooked by the general public and government.

Helping with other fundraising events like Memorial Day events, Veterans Day and VetFest Parade, and our annual Law and Order Dinner honoring our local Police and Firefighters are just as important as building improvement projects, maintenance and repair requirements, and general upkeep of existing equipment. The Post is not in line for any major or minor handouts, its survival is dependent upon our members. What we do in the next couple months might just determine whether we stay open or close the doors, so, it's all on us, it's our Post, our Sanctuary. The next time you're in the Post, look around. This Post was built, refurbished, and remodeled over many years by members, all of which are veterans, their family members, and supporters alike. A lot of time, energy, and money has gone into this building. The long history of the countless veterans who put their blood, sweat, and tears into this place is evident. Think of all the battles they were engaged in, the time away from home on deployments, and the sacrifices they made to keep this country free and secure, and then they came home to build a gathering place to celebrate their survival and honor the many who never made it back. Once you understand, you can feel the history in this building. Join the House Committee and let's keep a good thing going.

KEY DATES

See calendar page and flyers for more information.

MAY 25

Red Cross Blood Drive

MAY 12

SAL Mother's Day Buffet

MAY 19

Post 149 Breakfast

MAY 21

Post Meeting

MAY 27

Memorial Day

Check Calendar for FRIDAY Dinner and SUNDAY Breakfast Schedules

Pub Grub by Cheryl Every Sunday 3 PM

BUNCO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 7-11 PM

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J.B. Clark Post 149

230 E Park Avenue,
Escondido, CA

760-754-1159

Fax 760-745-1676

Website

EscondidoLegion.org

Correspondence regarding mailing, send to the Adjutant at adjutant149@gmail.com

Send content to the Adjutant at adjutant149@gmail.com



SUNDAY BREAKFAST

19 May 2024

9:00AM-11:00AM

\$14.00

OMELET or EGGS TO ORDER

With your choice of:

**Ham, Cheese, Bacon,
Mushrooms, Peppers, and Onion**

BACON, SAUSAGE & KIELBASA

POTATOES HASHBROWNS & O'BRIAN

BISCUITS AND GRAVY

SPONSORED BY THE AMERICAN LEGION POST 149

All Post Members are welcome to come help and enjoy the fun.

Give Blood.



**American
Red Cross**

American Red Cross Blood Drive

American Legion Post 149

Saturday, May 25, 2024 7:00 a.m. to 3:00 p.m.

Please visit RedCrossBlood.org and enter **post149** to schedule an appointment

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST
 At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28			1	2 6 - 8:30PM (Hall) BUNCO	3 7 - 11PM (Club Room) KARAOKE	4 8AM - 12PM (Hall) Service Academy Student Breakfast
5 8 - 11AM (Hall) DAV Breakfast - \$14 3PM (Clubroom) Pub Grub by Cheryl	6 6 - 7:30PM (Conf Room) Gamblers Anonymous	7 9AM - 1PM (Conf Room) Porcelain Club 4 - 5:30PM (Hall) Teamsters Local 911 6 - 8PM (Hall) Post 1513 VFW Meeting.	8 6 - 7:30PM (Hall) SAL Meeting	9 5-8PM (Conf Room) Kiwanis of Escondido 5:30 - 8:30PM (Hall) North County CREIA 6 - 8:30PM (Clubroom) BUNCO	10 7 - 11PM (Club Room) KARAOKE	11 8AM - 1:30PM (Hall) Blue Star Moms 10AM-12 PM (Conf Room) 173 Airborne Assn. 2 - 3:30PM (Patio) Guide Dog Training
12 MOTHERS DAY 8 - 11AM (Patio) SAL Breakfast - \$14 3PM (Clubroom) Pub Grub by Cheryl	13 6 - 7:30PM (Conf Room) Gamblers Anonymous	14 9AM - 1PM (Conf Room) Porcelain Club 5:30 - 6PM (Conf Room) Finance Mtg 6 - 7:30PM (Conf Room) E-Board Mtg 6 - 7:30PM (Hall) DAV Chapter 70 Mtg.	15 4-6PM (Hall) Vietnam Vets of America	16 6 - 8:30PM (Hall) BUNCO	17 7 - 11PM (Club Room) KARAOKE	18
19 8 - 11AM (Hall) Post Breakfast - \$14 1 - 3PM (Hall) MHF Meeting 3PM (Clubroom) Pub Grub by Cheryl	20 6 - 7:30PM (Conf Room) Gamblers Anonymous	21 9AM - 1PM (Conf Room) Porcelain Club 6 - 7:30PM (Hall) Post 149 General Mtg	22 5:30 - 6:30PM (Patio) ALR Dinner 6:30 - 8PM (Patio) ALR 149 Mtg.	23 6 - 8:30PM (Hall) BUNCO	24 5:30 - 7PM (Hall) Kiwanis Dinner - \$12 7 - 11PM (Club Room) KARAOKE	25 7AM - 3PM (Hall) Red Cross Blood Drive 11AM - 3PM (Conf Room) SCRABBLE Club
26 8 - 11AM (Hall) Brothers of 6 Breakfast - \$14 3PM (Clubroom) Pub Grub by Cheryl	27 MEMORIAL DAY 6 - 7:30PM (Conf Room) Gamblers Anonymous	28 9AM - 1PM (Conf Room) Porcelain Club	29	30 6 - 8:30PM (Hall) BUNCO	31	4

Holidays & Observances

- 12 Mother's Day
- 27 Memorial Day



J.B. CLARK/POST 149



Karaoke
NIGHT

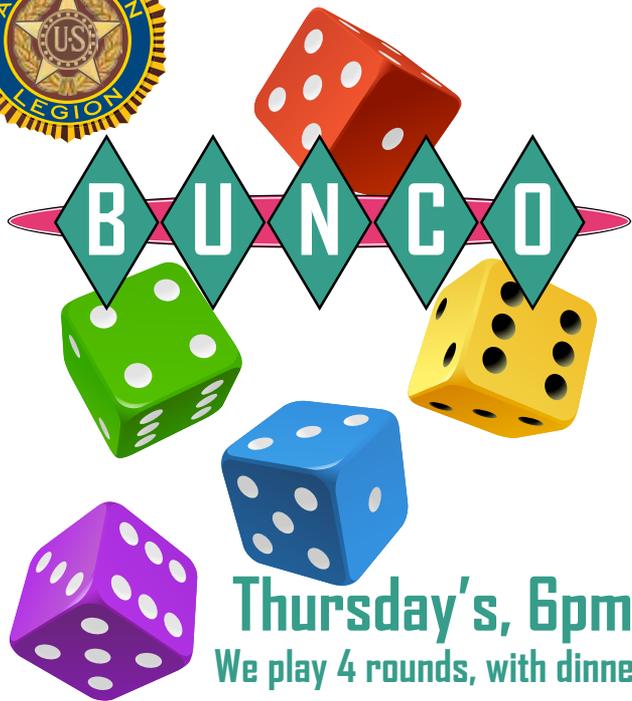
FRIDAYS
8PM - 11PM

KJ Alex 1st/3rd/5th Friday
KJ Christine 2nd/4th Friday

We Want To Hear You
SING!



J.B. CLARK/POST 149



Thursday's, 6pm
We play 4 rounds, with dinner
served at half-time.

Let The Good Times Roll!

MARKET MALL

The Golden Egg Omelet House

10% of Food & Beverage order contributed to

American LEGION Post 149



316 West Mission Ave. #101
Escondido, CA 92025
(760) 489-6420

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.
(minimum 3 mos. advertisement cycle required)

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ADJUTANT149@GMAIL.COM
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AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.