

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of the American Legion, J.B. Clark Post 149, Escondido, California



## COMMANDER | JEN HOLDEN



Greetings my fellow Legionnaires, I can't believe it's March already! I am looking forward to the longer and warmer days ahead. This time of year always gives me hope for the future.

The Post is planning some great events over the next few months. We need your help to make these events come off without a hitch. On St. Patrick's Day wear your "Irish Duds" and come out to the Clubroom for the uniquely St. Patty's drinks. Our bartenders are going to be creative, and I personally look forward to testing their new concoctions.

If you are not aware, BASEBALL IS BACK!!! I look forward to watching the Padres play while enjoying a social sparkler at the Post. If you were not aware, American Legion Baseball is back too. Many current and past MLB players participated in American Legion Baseball. The 2023 California State Championship Tournament will be held at Jackie Robinson Stadium at UCLA. If you want to learn more about this awesome program that falls under our Youth Activities Pillar, please visit <https://caamericanlegionbaseball.org>.

The Spring course of the California American Legion College (CALC) is being held at Post 43 in Hollywood, from March 17th to the 19th. Legion College is designed for Legionnaires interested in operating a more prosperous and relevant American Legion Post within their respective communities. The course curriculum focuses on management techniques, membership growth, compliance, collaboration, resources, and skills necessary to increase public awareness and visibility of The American Legion's mission and programs in our communities. Prerequisites: Complete the American Legion Basic Training <https://www.legion.org/alei>.

I want our Legionnaires to be eager to see some of the things the E-Board has planned for the Post. This month's meeting is March 21, 2023, at 6:00 PM.

## FIRST VICE | PAUL MCNAMARA



Fellow Legionnaires, I can't believe it has been a month already since I took office. In that time, I have had the opportunity to meet many of you and received your feedback

which I really appreciate. I also had the opportunity to attend a few meetings. Not having been the most active member, those meetings have really reconnected me with the Legion and its values, not just as an adult, but they also brought back memories of my youth when the members of those days helped shape my values that have been with me my entire life. So, for all of you more active members than me, let me say thank you for the service you have contributed to the community over the years.

While you may have not heard it that often, I know there are plenty of people like me that are grateful to the mentorship and service you have provided these many years. I promise to be more active in the future, and I would encourage those who have had my level of participation to rethink your commitment and recognize how important your military service translates to improving our community.

## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Greetings all, As we say goodbye to Winter and welcome Spring, I wish to invite you all to "College Night" taking place on Saturday, March 11th and I hope each and every one of you will join us for our St. Patrick's Day celebration on Friday, March 17th. Both events are sure to be a great time!

## KEY DATES

See calendar page and flyers for more information.

**MARCH 11**  
College Night

**MARCH 17**  
St. Patrick's Day -  
Auxiliary Dinner

**MARCH 29**  
Vietnam Veterans  
Recognition Day

**APRIL 1**  
Children's Easter Party

Check Calendar for  
FRIDAY Dinner and  
SUNDAY Breakfast  
Schedules

**BUNKO**  
Every Thursday 6-8:30 PM

**KARAOKE**  
Friday 8-11 PM

*The One Forty Niner*

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J.B. Clark Post 149

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On a more somber note, I was tragically reminded last week of how precious life is and how tomorrow is never guaranteed. That being said, let us all make an effort to be kind to each other at all times as one never knows if you will have the opportunity to see them again.

Until we meet again.

## POST 149 ADJUTANT | BILL STINTSMAN



Here we are, three months into the year, and things are about to heat up. After a colder and wetter than normal winter, it's time to get out of the house, go for a drive, or do some lawn work and spring cleaning. It's also time to start

planning for those spring and summer events. The Post has hall and patio rentals available, so schedule early to avoid missing out the date you need.

St. Patrick's Day is on a Friday this year, so come out and enjoy the Auxiliary Dinner and an enjoyable evening at the Post. Also, this month, the Vietnam Veterans of American are sponsoring Vietnam Veterans Recognition Day on Wednesday, March 29th from 3:00 to 7:00 PM on the patio. This is great time to come out and mingle with your fellow Vietnam Vets and have a meal at the same time.

The Post is upgrading our social media and web site presence. We will be debuting new landing pages with updated content and information that will hopefully link the Post 149 Legion family together a bit better. Keep clicking those links and see what's new, and let us know if you have any problems so those can be resolved.

While this is the March newsletter, this is a reminder that Post elections start soon. First nominations for the Post officers are held at the April meeting, and second nominations and elections are held at the May meeting. Don't just show up at election meetings then disappear for the rest of the year, get involved with Post operations and activities and know what the candidates stand for.

## CHAPLAIN | CHUCK FAUPEL



I have (1) Post member and (1) SAL (Brothers of 6) that have been transferred to Post Everlasting:

Legionnaire Keith Porter passed on Feb 11th at his home. He was a R.O.T.C. instructor. He was a Retired Marine. He was battling Cancer for over a year. We lost a great man. He was Cremated Feb 23rd. Soon as we find current information, everyone will be informed. This newsletter might be

put out too late. Keep marching Devil Dog. Keep his family in your prayers.

SAL member and member of Brothers of 6. Luke Mahan passed on Feb 17 at his home. He had recently got engaged. Very sad for his Fiancée. He and members of brothers of 6, he has done so much for our Post and also of the Sons of Legion. He will be missed. Prayers for his family.

We Pray for their family's that go thru these sad times. Rest in peace comrades.

Report (2) sickbay:

Sickbay: Legionnaire Freddy Camacho (Past Commander). I have been reporting about his surgery in past newsletter about his gallbladder removed on January 9th, 2023 at the Naval Hospital Camp Pendleton. He went to the VA hospital Jan 24th do to pain in stomach and high liver count. After CT scan and ultrasound, they discovered that he had fluid the gallbladder was located. They put a drain tube in for 22 days. Removed it on Feb 15th.

Legionnaire Babe Rodriquez had been in the hospital few weeks back for covid 19. He then had been taken to Fallbrook Nursing home. He has been admitted back into the hospital. Reading this newsletter is information in the past. When I receive new info from his wife (Genie) we will update per email.

Keep them in your prayers.

Any man among you seems to be religious, and bridleth not his tongue, but deceiveth his own heart, this man's religion is vain.

—James 1:26

The problems of the world could be solved overnight if men could get victory over their tongues. Suppose there was no anger, no profanity, no lying, no grumbling or complaining; suppose there were no dirty stories told, no unjust criticism—what a different world this would be! The Bible teaches that a man who can control his tongue can control his whole personality. We should ask ourselves three questions before we speak: Is it true? Is it kind? Does it glorify Our Father? If we would always think before we speak, there would be much less evil speaking, and there would soon be a spiritual awakening that would sweep the church in America.

## AUXILIARY PRESIDENT | CATHY WATHEN



Februarys meeting due to the rain and bad weather had 7 ladies in attendance. We had a special guest attend, Moe our District President. It was a pleasure to have her visit. Discussions were conducted about meals and a short report was made by Irene Clingman on the

process of the 2023 Poppy and Food Drives.

Sunday, March 5th Our special will be omelets cooked to order. Also on the menu is Sausage, ham, eggs any way you like, home fried potatoes, biscuits and gravy with blueberry pancakes, juice and coffee. Come and enjoy a great homecooked breakfast. Due to the increased costing of food items we will have to increase our price per breakfast to \$13.00, still a great deal.

Friday, March 17th St. Patrick's day dinner will be (everyone's favorite) Corned Beef and Cabbage and dessert. Dinner is served from 5:30 pm to 7pm or until we run out of food.

Keep the donations coming for Camp Pendleton. Thanks to everyone who has donated to this worthy cause. Canned Tuna, Chicken, Pastas, Rice, box Mac & Cheese, healthy Cereals PB&J these are just a few of items needed. Put all donations in the gray bin in the hall, please no expired items or glass jars can be accepted.

Mark your calendar for the annual Children Easter Party on Saturday April 1st from noon until 2pm. Check out the flyer in the clubroom and the bulletin boards. Children infants to 10 years old are welcome to come and see the Easter Bunny and get a special gift. Sign-up will close on March 27th so please sign up early. Lunch will be served to all the children and adults too!! Thanks to the Son's for donating there time and food to serve lunch.

Our next scheduled meeting will be at 6pm on April 18th in the conference room. Please come and say hello to our District President Moe who will be attending.

Attendance is down with our Auxiliary and we really need help and support from our members. If you have time to help with breakfast's, dinners and programs we really need you!!! Please give me a call and let me know what you can do to volunteer.

ill we meet again, Cathy Wathen, President Unit 149, 760-717-1425 Cathywathenwatt@gmail.com

## SAL COMMANDER | KEITH BELL



We had a great month starting with the opportunity drawing with the Brothers of Six. We had the drawing on Super Bowl Pot-Luck Event and at the event we had a lot of supporter winners, Post Opportunity Raffle and Sons Opportunity Cash. All had lots of fun, good food and prizes. Thanks for all the support.

The next Opportunity Drawing will be a Milwaukee Seven piece 18-volt Tool Kit worth \$1,100.00, watch for flyers and tickets. We have scheduled the next Pro Wrestling in June. Also, tickets are on sale at Post for the Law & Order Awards and Dinner Event on April 8th Starting at 5pm.

The SAL Breakfast will increase to \$14.00 and children under twelve \$7.00. Hope to see you Sunday March 12th.

## It's Easter!!!!

Come join the fun at Post 149's Annual Children's Easter Party  
Hop on down and have a fun afternoon on  
Saturday April 1st, 2023, 1pm to 2pm  
Deadline for Sign-up Is March 27th 2023

Easter egg hunt, lunch (kids eat free), games and a visit from the Easter Bunny  
Veteran's families ages Infant to 10 years old

Sign-up sheets are available at Post 149

230 East Park Ave., Escondido, CA 92025

Or call 760-745-1159



## LAW & ORDER 2023



### 27<sup>th</sup> Annual Law & Order ~ 2023

The 27<sup>th</sup> Annual Jimmie L Hayes Memorial Law and Order Awards Presentation and Dinner is coming soon and will be held Saturday, April 8, 2023, starting at 5 PM. This presentation recognizes first responders who protect our community 24/7, 365 days a year!

A special “thank you” to all 2022 donors including Mike Stein (Escondido PD COP Ret.), Penu Pauu Jr. (National City PD A/COP Ret), Ivan Pyle, Tony Azares (RIP), Connie Heredia, Dave Geary (Dave’s Computer Repair), SAL Squadron 149, Trudell & Associates, Heritage Ranch Management and American Legion Riders Chapter 149, for their generous donations to the program. Cathy Wathen and The American Legion Unit Auxiliary provided an excellent meal and the Orange Glen High School ROTC and Key Clubs provided the Honor Guard and meal service. Your contributions and participation assured a very successful 2022 Law & Order event! A very special Thank You to Legionnaire Dave Geary who was Chairperson of the 2022 Law and Order event for a job well done!

Now to the 2023 27<sup>th</sup> Annual Jimmie L Hayes Memorial Law & Order Dinner! Donations, **of no limit**, from the ENTIRE American Legion Post 149 Family are solicited and are greatly appreciated! It will assure that the Law-and-Order event will again be highly successful. ALL Donations will be recognized on the program for the evening’s event.

If you would like to donate, please contact Co-Chairpersons **Michael Franks** (760) 315-1330 **Penu Pauu Jr** (619) 241 6313, or give directly to the POST Adjutant **Bill Stintzman** (760) 745-1159. Checks can also be left at the bar or with the Adjutant, made payable to Post 139 Law & Order. If you would like “tickets” (you’ll be placed on a roster) for the dinner event, the cost is \$20 per person. A \$35 donation will get you TWO tickets to dinner. Tickets are limited because of space. First come first served so buy your tickets early.

Thank You for donating and participating in this very worthwhile event!

Michael Franks Co-Chair 2023  
Penu Pauu Jr. Co-Chair 2023

## POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST

At the the Post Officers Breakfast in your birthday month - All you can eat buffet!

# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2 6-8:30 PM BUNKO (Hall)	3 5-7 PM Boy Scouts Dinner (Spaghetti) (Hall) 8-11 PM KARAOKE (Club Rm.)	4
5 8:30-11 AM AUXILIARY Breakfast Omelets \$13 (Hall) 3 PM Pub Grub by Cheryl (Clubroom)	6 7:00 – 8:30 PM Boy Scouts Court of Awards Meeting (Hall)	7 9 AM-1 PM Porcelain Club (Conf. Rm.) 4-5:30 PM Teamsters Local 911 (Hall) 6-8 PM Post 1513 VFW Mtg. (Hall)	8 6-7:30 PM SAL Meeting (Hall)	9 5-8 PM Kiwanis of Escondido (Conf. Rm.) 5:30-8:30 PM North County CREIA (Hall) 6-8:30 PM BUNKO (Hall)	10 8-11 PM KARAOKE (Club Rm.)	11 8:30 AM-1:30 PM Blue Star Moms (Hall) 10 AM-12 PM 173 Airborne Assn. (Conf. Rm.) 2-3 PM Guide Dog Training (Patio) 8:30 AM-1:30 PM College Night (Patio)
12 8-11 AM SAL Breakfast Buffet \$14 (Patio) 3 PM Pub Grub by Cheryl (Clubroom)	13	14 9 AM-1 PM Porcelain Club (Conf. Rm.) 5:30-6 PM Finance Mtg. (Conf. Rm.) 6-7:30 PM E-Board Mtg. (Conf. Rm.) 6-7:30 PM DAV Chapter 70 Mtg. (Hall)	15 6-8 PM Vietnam Vets of America (Hall)	16 6-8:30 PM BUNKO (Hall)	17 6-7:30 PM Auxiliary Dinner (Corned Beef & Cabbage) \$13 (Hall) 8-11 PM KARAOKE (Club Rm.)	18 8 AM-12:30 PM Sea Cadets (Hall)
19 8-11 AM POST Breakfast Eggs to Order \$13 (Hall) 3 PM Pub Grub by Cheryl (Clubroom)	20 11 AM-2 PM TERC (Hall)	21 9 AM-1 PM Porcelain Club (Conf. Rm.) 6-7:30 PM Post General Mtg. (Hall) 6-7:30 PM Auxiliary Mtg. (Conf. Rm.)	22 5:30-6:30 PM ALR Dinner (Beef Stew and Cornbread) (Patio) 6:30-8 PM ALR 149 Mtg. (Patio)	23 6-8:30 PM BUNKO (Hall)	24 5:30-7 PM Kiwanis Dinner (Baked chicken, potatoes, green beans, dessert) \$12 (Hall) 8-11 PM KARAOKE (Club Rm.)	25 11 AM-3 PM SCRABBLE Club (Conf. Rm.)
26 6-8:30 PM BUNKO (Hall) 3 PM Pub Grub by Cheryl (Clubroom)	27	28 9 AM-1 PM Porcelain Club (Conf. Rm.)	29 3-7 PM Vietnam Vets Recognition Day (Patio)	30 6-8:30 PM BUNKO (Hall)	31 4-7 PM Retirement Party (Patio) 8-11 PM KARAOKE (Club Rm.)	1

### Holidays & Observances

12 Daylight Saving (begin)

20 Vernal equinox

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to the Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn !0% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149, and have them write it on the bill.

# The One Forty Niner

ISSUE 2303  
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230 E. Park Avenue  
Escondido, CA 92025

Non-Profit Organization  
U.S. Postage PAID  
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RETURN SERVICE REQUESTED

## MARKET MALL

### The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

### American LEGION Post 149



316 West Mission Ave. #101  
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(760) 489-6420

### BUSINESS AD SPECIFICATIONS

**Business Card Ad** (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

**Business Ad** 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

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