

# The One Forty Niner

FOR GOD AND COUNTRY, WE HELP AMERICA WORK – SERVICE TO COMMUNITY, STATE, AND NATION

Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California

## COMMANDER | MIKE FRANK



As this will be my last newsletter input as Post Commander, I just want to express my gratitude and appreciation to all our Post officers and Clubroom staff

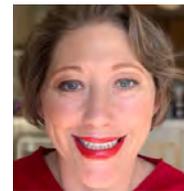
for the wonderful support they have provided both me and the Post over the past year. Sadly, I must report that our Adjutant, Jeff Dodds is leaving us. He is moving out of state. Jeff has been a phenomenal Adjutant for many years and has served this Post and its membership very well. He will be missed. The Adjutant of any Post is an extremely important position. He or she manages the day-to-day operations as well as manages all the membership transactions, bank deposits, submission of required Legion reports, operations permits, etc. These are very big shoes to fill, however, we were very lucky in the fact that we had a very capable Post member willing to step up and take over for Jeff. Bill Stintsman, a Post member as well as the current Quartermaster for VFW Post 1513 has been appointed to take over as Adjutant on the first of the month. He has been training with Jeff so the transition will be very smooth. Welcome aboard, Bill. Managing a Post is a group effort.

At our next Post meeting we will be having our second round of nominations immediately followed by our Post election. The following are the 1st nominations made during our last meeting:

Commander, Jen Holden; 1st Vice Commander, John Smartt; 2nd Vice Commander, Stef Holden; 3rd Vice Commander, withdrawn; Finance Officer, Art Lubben; Sgt-at-Arms, Jim Botts; 2Year BOD, Ray Cogndon; 2 Year BOD, Cody York; 1Year BOD, Harold Olson.

Our Boys State Chairman, Harold Olson, at our last Post meeting, announced this year's Boys State candidates. They are; Joseph Herrera of Escondido High School, Gavin Stewart from San Pasqual High School, Joshua Appely from Escondido Charter School, Brett Tripp from Valley Center High School, and Edgar Guerrero from Orange Glen High School. Thank you, Harold, for conducting the interviews and securing these fine young men to represent our Post and our community in the upcoming competition in Sacramento later in the year.

## FIRST VICE | JEN HOLDEN



It is another month and another newsletter. Thank you to those legionnaires that came out to the post this month! I noticed that there were more of you

here! Your support is what keeps our doors open. Keep coming back!

New memberships are our life blood. That said, the **Escondido Street Festival** is on **May 22** and we need members of the Post, Sons,



## SPECIAL EVENTS

See calendar page and flyers for more information.

MAY 6

VFW Dinner  
Chicken Parmesan

MAY 7

Post 149 CLEAN-UP  
9 AM-12 PM

MAY 13

AUXILIARY Dinner  
Lasagna and Pasta

Us4Warriors  
Food Distribution

MAY 21

ALR Poker Run

MAY 30

Memorial Day Celebration

BUNKO

Every Thursday 6-8:30 PM

KARAOKE

Every Friday 8-11 PM



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The Official Publication of  
The American Legion  
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Escondido, California

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Auxiliary, and Riders to help man it and provide information to the public. Please email me, [jennifer.lea.holden@gmail.com](mailto:jennifer.lea.holden@gmail.com), to sign up to help man the booth for a two hour block of time. This is a great way to get the word out to the community about the American Legion and other organizations.

The Post will be hosting a **blood drive** in the hall on **June, 17th from 12pm-6pm**. Please come and give the gift of life. Blood donors are always needed to provide life saving blood products to victims of injuries and accidents. More information to follow on the Post website and our Facebook page.

## SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Summer is almost here!

Please come out and join us **May 21<sup>st</sup>** as the American Legion Riders will be hosting their annual

**"Memorial Poker Run"**! Registration will take place from 8:30am to 9:30am. Featured events include a cook your own steak lunch, live entertainment, various vendors and a cash bar. Cost is \$25 per rider and \$20 per passenger. Registration includes 1 raffle ticket and 149's famous **"Cook your own steak"** lunch. All proceeds go to local veteran charities.

Looking forward to seeing you all on the 21<sup>st</sup>!

You all will not want to miss our **Memorial Day ceremony** and lunch taking place on **Monday the 30<sup>th</sup>**. The event will be hosted by the VFW. Details to follow.

It is with some regret that I inform you two great members of our post will be moving out of state soon. Our Historian Gary Fader will be moving to Nebraska and our own

long-serving adjutant Jeff Dodds will be leaving us for the great state of Texas.

On a personal note, Jeff has been a great friend and mentor to me these past 4 ½ years I have served as your Club 149 Manager. Your presence will be sorely missed.

See you all at the 149!

## POST 149 ADJUTANT | JEFF DODDS



It is with a heavy heart and mixed emotions that I must inform my Post 149 comrades that this will be my last newsletter article. My last day as your

adjutant was April 30<sup>th</sup>. My wife and I have decided to retire to Texas. For those that know my Leia, she will also miss the post.

If you have not already met my replacement, **Bill Stintsman**, come by and saw hello.

Bill's office hours should remain the same. 10:00AM to 2:00PM, Monday through Thursday. **Friday by appointment.**

### Actions of Post 149 E-Board

04/12/2022

- ◆ To form a committee, chaired by Stef Holden, to design and install a Post Monument in the front of the post building.
- ◆ To move funds from the Post Scholarships Fund to the Post Youth Activities Fund.

*Thank you!*  
*Jeff and Gary*

## CHAPLAIN | CHUCK FAUPEL



I have 5 sickbays to report. One death to report.

Comrade Bob Reilly was admitted to Palomar hospital for a light stroke on Sunday the 17<sup>th</sup>. Reading this article, they placed him rehab. He is feeling much better.

Hopefully going home soon. Prayers for Bob and his family.

Comrade and A.L.R. Tom McHenry has been fighting back issues with VA for over a year maybe two. On April 19<sup>th</sup> Tom will be having his back procedure. He had one epidural done. Prayers for a healthy recovery.

Comrade Babe had an infection that probably got while in the hospital. The infection caused severe issues. He is getting better every day. The infection caused him not being able to recognize people. The treatment that they have been administering has got him better.

Comrade Keith Porter was taken to Kaiser hospital on March 24<sup>th</sup>. With stomach issues. Found out that he had stomach cancer. Doing chemo now. Prayers for Keith and his family. You got this.

Auxiliary member Cathy Diaz, fighting health issues. Prayers for healthy recovery.

Sara Sullivan from the Auxiliary has been fighting cancer. She has passed and gone to be with our father. Prayers for her family for these sad times.

*Take one day at a time. God has a plan for us,  
Don't worry what lies ahead, God will see you through  
I hope this little poem, Bring a smile to your face  
I pray it Gives you hope, during your hospital stay*

*Trust your cares to Jesus, He'll lift your heavy load  
Bring to you, cheerful days, and give to you sweet repose  
I sent prayer off to heaven, God wrap you in arms care  
and angel's surrounding you, and their wings dry your tears*

*Today's a day for sharing, how special you are to God  
You're the apple of His eye, more than the sparrow loved*

*Keep in mind dear heart, when your days are blue  
Hold to the miracle giver, to do above all you ask Him to*

*Let nothing get you down, Trust God's by your side  
Keep hope and faith in God, and keep your spirit high  
May you get well soon? Everyone is praying for you  
You have the smiles of heaven, widely smiling down on you,*

*Take one day at a time, God has a plan for you  
Don't try to jump ahead, The Lord will see you through.*

## AUXILIARY PRESIDENT | CATHY WATHEN



Another month has come and gone. Really fast!!!

The Poppies are on their way to all our members and their spouses. Your donations are appreciated. This money goes to support all our veterans programs so please give.

This year's Easter Party was a huge success with 16 kids coming to see the Easter Bunny. Thank you Lori for volunteering to be the bunny this year. After some great Hot Dogs with all the fixings prepared by the Son's (Jeff Flint) an egg hunt the bunny arrived with Easter baskets for all the children. It was a great day!!

We will be doing some switching on our May menu this month so watch your calendar.

**Friday, May 13th** we will be serving Lasagna and pasta, bread sticks, salad and dessert. We hope to see everyone.

**Sunday, May 15th** our special will be Chorizo and eggs or you can enjoy your eggs cooked to order, ham or sausage, home fries, biscuits and gravy, coffee and juice. All that for \$12 bucks!! We hope to see everyone attend.

So far this year we have collected **445lb** of food, keep the donations coming for Camp Pendleton. Thanks to everyone who has donated to this worthy cause. Canned Tuna, Chicken, Pastas, Rice, box Mac and Cheese, healthy Cereals PB&J these are just a few of items needed. Put all donations in the gray bin in the hall, please no expired items or glass jars can be accepted.

We still need more new faces in the Auxiliary, please come to the April meeting in the conference room on **Tuesday, May 12th at 6pm** and see what we are all about. I guarantee you will have fun and meet some wonderful ladies.

Remember **Memorial Day is May 30, a day to remember all who gave their lives to keep this great country free.** The Legion will have a special ceremony at Oak Hill with a lunch at Post 149 at noon. **Look for the flyer with all the information and mark your calendars.**

Thank you all for your support!!!

**Cathy Wathen, President | cathywathenweatt@gmail.com | 760-717-1425**

## **AMERICAN LEGION AUXILIARY IRENE CLINGMAN | PR CHAIR**



**FOOD CHALLENGE** – On March 29, 2022, all donated food and non-food items from Post 149 were distributed by the Helping Hand Worldwide organization to military families from Camp Pendleton at the Melba Bishop Recreation Center in Oceanside. A total of 329.61 pounds was distributed. This brings our yearly total From January 1, 2022 through March 28, 2022 to a grand total of 440.33 pounds. Non-food items donated by Barbara Burwell included an electric skillet, an electric kettle, and a Dental Clean Electric Toothbrush with an oral irrigator set. In addition, 8 handmade baby blankets and 34 burp cloths were donated by the In-stitches sewing group from Madrid Manor Mobile Home Park in San Marcos. This is an ongoing program throughout the year so when shopping pick up a few items for our donation bin located at the Post. Reminder, no outdated food or glass containers.

**POPPY PROGRAM** – WHEW!! We did it!! A special thanks to Cathy, Arlene, Jacinta's granddaughters, Connie, Lori, Jen, and Barbara for their busy hands helping to create the 13,000 beautiful poppies. A special thanks goes out to Sheila for taking almost 1,000 poppy donation letters to the U.S. Post Office to be mailed out. Reminder, for every poppy our group completed a total of ten cents per poppy will be used by veterans to assist with medical appointments and transportation or other services they might need. In addition, the WAVE Program in San Diego made over 60,000 poppies in addition to the poppies we made and again receives ten

cents per poppy. The month of May has been declared as the National Poppy month. When you receive your letter offering a chance to donate funds for our veterans, please donate, any amount is welcome.

**GIRLS STATE** – As mentioned in last month's newsletter, a bus will be required to transport the delegates to Sacramento State. Information received last night is that transportation costs are still being determined as well as pickup points for the bus. At the present time, it appears to be that delegates from the San Diego area cost will be \$200 per delegate for roundtrip. Those living in closer proximity to Sacramento may be paying \$150 per delegate. This is a big impact to the budgets for auxiliaries throughout the state. Our auxiliary has already paid \$2,550 registration costs for six delegates at \$425 per delegate, but now we will need to find additional funds of \$1200 projected at this time. Final costs will be determined based on actual number of delegates attending and the number of buses that will be required. Donations to assist with transportation costs will be much appreciated. Contact myself or Cathy Wathen if you have questions or would like to donate.

## **Easter 2022**



Post 149's Annual Children's Easter Party held on Saturday, April 10th, 2022

RIGHT: Post Historian and House Committee member, Gary Fader receiving a plaque in appreciation of his service to the Post.



ABOVE LEFT and BOTTOM LEFT: Six new members new members are welcomed to Post 149 at our April Post meeting.  
ABOVE RIGHT: Post members enjoying a tri-tip and brisket dinner put on by VFW Post 1513 on our patio.

## SAL COMMANDER | BRUCE WAY



It is election time again. First nominations were at the April meeting. Second nominations and elections will be held at our **May 11th meeting**. I encourage all our **SAL members** to turn out and get involved. Either run for something, or be here to vote. And if you want to run for a position within our squadron, don't wait to be asked. Step on up and let **yourself** be known. And there is no better way to learn and be part of an organization than holding an elected office.

Now some folks have a difficult time making a 6:00PM meeting. I can understand that. However, where we really need the help is our monthly breakfast and special events. So come out for the whole event or any part of it. Or at least stop by and eat.

We are also going to suspend our **4th Saturday "We Clean the Post"** and join in on the **Post Clean-Up Days**. This month it will be on **Saturday, May 7th**.



RIGHT: 1st Vice Commander Jen Holden and 2nd Vice Commander Stef Holden renewing their wedding vows on their 20th wedding anniversary at Mount Soledad with Escondido Mayor Paul McNamara, presiding.

*let's eat*

DINNERS BREAKFASTS

<b>MAY 1st</b>	8-11 AM	POST	\$12	Hall
	Eggs to Order			
<b>MAY 8th</b>	8-11 AM	Sons	\$12	Hall
	All You Can Eat Buffet			
<b>MAY 15th</b>	8-11 AM	Auxiliary	\$12	
	Chorizo and Eggs			
<b>MAY 22nd</b>	8-11 AM	VFW		Hall
	Traditional \$12/Crab Cake Benedict \$16			
<b>MAY 29th</b>	8-11 AM	ALR	\$12	Hall
	Buffet with eggs to order			
<b>MAY 6th</b>	6-7:30 PM	VFW	\$12	Hall
	Chicken Parmesan			
<b>MAY 13th</b>	6-7:30 PM	Auxiliary	\$12	Patio
	Lasagna and Pasta			

**POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST**

At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 8-11 AM Post Breakfast Buffet with Eggs to Order \$12	<b>2</b> 6-7 PM EVC Meeting (Conf. Rm.)	<b>3</b> 4-5:30 PM Teamsters Local 911 (Hall) 6-8 PM VFW Post 1513 Mtg. (Hall) 9 AM-1 PM Porcelain Club (Conf. Rm.)	<b>4</b>	<b>5</b> 6-8:30 PM BUNKO (Hall)	<b>6</b> 6-7:30 PM VFW Dinner (Chicken Parmesan) \$12 (Hall) 7-10 PM KARAOKE (Club Rm.)	<b>7</b> 8 AM-12:30 PM Sea Cadets (Hall) 9AM-12 PM POST CLEAN-UP
<b>8</b> 8-11 AM Sons Breakfast All You Can Eat Buffet \$12 3 PM Pub Grub by Cheryl (Clubroom)	<b>9</b> 6 PM DAV Meeting Installation of Officers (Hall)	<b>10</b> 1-6 PM Celebration of Life (Patio) 5:30-6 PM Finance Mtg. (Conf. Rm.) 6-7:30 PM Post E-Board Mtg. (Conf. Rm.) 6-7:30 PM DAV Chapter 70 Mtg. (Hall)	<b>11</b> 6-7:30 PM AL Sons Meeting (Hall)	<b>12</b> 5-8 PM Kiwanis of Escondido (Conf. Rm.) 6-8:30 PM BUNKO (Hall)	<b>13</b> 7 Am-12 PM Us4Warriors Food Distribution 6-7:30 PM AL Auxiliary Dinner (Lasagna and Pasta) \$12 (Patio) 7-10 PM KARAOKE (Club Rm.)	<b>14</b> 8:30 AM-12 PM Blue Star Moms (Hall) 10 AM-12 PM 173 Airborne Assn. (Conf. Rm.) 9-10 AM VFW Riders Mtg. (Patio)
<b>15</b> 8-11 AM AUXILIARY Breakfast \$12 Chorizo and Eggs 3 PM Pub Grub by Cheryl (Clubroom)	<b>16</b> 11 AM-2 PM TERC Mtg. (Hall) 6-7 PM Post 149 Committee Mtg. (Patio)	<b>17</b> 6-7:30 PM Post General Mtg. (Hall) 6-7:30 PM Auxiliary Mtg. (Conf. Rm.) 9 AM-1 PM Porcelain Club (Conf. Rm.)	<b>18</b> 6:30-8 PM VFW Auxiliary Mtg. (Conf. Rm.)	<b>19</b> 5:30-8:30 PM CREIA (Hall) 6-8:30 PM BUNKO (Hall)	<b>20</b> NO DINNER 7-10 PM KARAOKE (Club Rm.)	<b>21</b> 8 AM-12 PM Sea Cadets (Hall) 8:30 AM-4 PM Post 149 ALR POKER RUN PRIVATE PARTY 6 PM
<b>22</b> 8-11 AM VFW Breakfast Traditional \$12 Crab Cake Benedict \$16 3 PM Pub Grub by Cheryl (Clubroom)	<b>23</b>	<b>24</b> 6-8 PM NCC (Hall) 9 AM-1 PM Porcelain Club (Conf. Rm.)	<b>25</b> 5:30-6:30 PM Dinner on the Patio (Pizza & Sandwiches) \$5 6:30-8 PM ALR Chapter 149 Mtg. (Patio)	<b>26</b> 6-8:30 PM Coast Guard Reserve (Conf. Rm.) 6-8:30 PM BUNKO (Hall)	<b>27</b> NO DINNER 7-9 PM GAME NIGHT (Patio) 7-10 PM KARAOKE (Club Rm.)	<b>28</b>
<b>29</b> 8-11 AM ALR Breakfast \$12 Buffet with Eggs to order 3 PM Pub Grub by Cheryl (Clubroom)	<b>30</b> MEMORIAL DAY 	<b>31</b> 9 AM-1 PM Porcelain Club (Conf. Rm.)	<b>6/1</b>	<b>6/2</b> 6-8:30 PM BUNKO (Hall)	<b>6/3</b> 7-10 PM KARAOKE (Club Rm.)	<b>6/4</b>

**AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE**

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149 and have them write it on the bill.

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ISSUE 2205

J. B. Clark Post 149  
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### American LEGION Post 149



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## BUSINESS AD SPECIFICATIONS

**Business Card Ad** (3-1/2" wide x 2" high) - \$15 per mo.  
(minimum 3 mos. advertisement cycle required)

**Business Ad** 4" high x 3-1/2" wide - \$25 per mo.  
(minimum 3 mos. advertisement cycle required)

**\*PLEASE CONTACT THE POST ADJUTANT  
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INFORMATION OR TO PLACE AN AD.**

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