



Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | MIKE FRANK



I would like to remind everyone that next month will be first nominations for our Post officers with 2nd nominations and the election taking place in May.

The installation of officers will take place at the Post during the 1st weekend in June. The elected Officers are: Commander, 1st Vice Commander, 2nd Vice Commander, 3rd Vice Commander, Finance Officer, Sgt-at-Arms, and 2 each 2-year Board of Directors members.

The appointed Officers are the Adjutant, Chaplain, Judge Advocate, Service Officer, and Historian. We will be filling the 3rd. Vice Commander for the first time in several years. This position needs a person with specific technical skills in the fields of social media, website management, sending mass emails to the membership, and acting as our Public Relations representative. If any of you have an interest in this position or any others, please take the time to contact me or any other Post Officer and ask any questions you may have. You can also read about some of the responsibilities of each position in our Post By-Laws and Standing Rules.

FIRST VICE | JEN HOLDEN



As your 1st Vice Commander, I want to talk about participation this month.

I have been observing our post for the last few years

and even more closely in the last few months. I see so few members participating in our post meetings. It makes me sad that the governance of our post doesn't seem important to our members. I was guilty of this when I first joined, but something changed for me last two years that has made me care more. COVID-19 has devastated so many people's lives and I truly understand what the American Legion means to so many people.

I know all the excuses:

"I've been in meetings all day"

"I'm too tired"

"Post meetings are boring or pointless"

"I forgot about it"

"I only joined for the (fill in the blank)"

...and on and on

I understand being busy, tired, stressed, or uninterested. I can 100% say that I feel all those emotions when it comes to doing extra things that take up my time. I am asking you all to please try to spend 1-2 hours a month at the post. Whether it is for the post meeting, preparing a breakfast, eating a



SAVE THE DATE



**ESCONDIDO POLICE & FIRE
LAW & ORDER
AWARDS CEREMONY
APRIL 30, 2022
5 PM**

POST 149 | 230 E. Park Avenue, Escondido CA 92025

SPECIAL EVENTS

See calendar page and flyers for more information.

MARCH 11

VFW Dinner

Tamale Pie, Rice and Beans

MARCH 18

AUXILIARY Dinner

Baked Fish Pockets

MARCH 25

KIWANIS Dinner

Spaghetti and Meatballs

MARCH 25

Game Night 7 PM

WEDNESDAYS

Left Right Center 6:30 PM

BUNKO

Every Thursday 6 PM

KARAOKE

Every Friday 7 PM



The One Forty Niner

The Official Publication of
The American Legion
J. B. Clark Post 149

230 E. Park Avenue,
Escondido, California

760-745-1159
Fax 760-745-1676

Web Address
www.escondidolegion.org

Address correspondence
regarding mailing
to the Adjutant at
adjutant149@gmail.com

Send content to the editor at
barefootdesign@yahoo.com

breakfast, having a drink or cup of coffee in the club room, or just coming in to say hello; it will truly make a difference to the morale of all.

Many of you have coworkers, neighbors, family, or friends that qualify for membership in the American Legion or one of our ancillary groups. Invite them to a post meeting on the 3rd Tuesday of every month or to check out some of the post activities. We need to reach out to the younger generation of veterans and their families so they have a community to rely on and that we can help support. The only way to be a part of the community is to involve our community.

See you all around the post and Clubroom! Don't forget the Post breakfast the 3rd Sunday of the month and the Post Meeting on the 3rd Tuesday of the month.

SECOND VICE | CLUBROOM MANAGER | STEF HOLDEN



Great news Legionnaires! March is upon us! The month of has always held a special place in my heart. March, at least for me has historically been

about transition, transition from winter to spring (Padres Baseball!) and the enthusiasm of the activity-filled summer to come. This year the transition will hopefully be even more profound as Covid cases **FINALLY** seem to be on a real decline and, at least for me, their seems to be a real sense of a return to normalcy in our daily lives.

The above being said, for those of our comrades that have been hesitant to return to **Club 149** over the past two years due to Covid concerns, I encourage you to celebrate our newfound normalcy by

stopping by and seeing us Club 149. You have been away for far too long.

Some notable events taking place in the month of March:

St. Patrick's Day - March 17th (drink specials!!)

Daylight Saving Time "Spring Forward" - March 13th

"College Night" featuring the band "Carl's Bad Habits" - March 19th

I will be seeing you all very soon at **Club 149!**

POST 149 ADJUTANT | JEFF DODDS



Big month ahead. Daylight savings time, St. Patrick's Day, Spring begins and Benito Juarez's Birthday. Always something going on

at your Post 149. Keep an eye on the calendar

And speaking of Post happenings, when we rent out the Hall or Patio to a private group, we need to have a Post Representative on site to assist and to make sure they clean up properly when they are done. These Post Representatives will be financially compensated for their time. So, if you are a member of the Auxiliary, Sons or Post, and aren't doing anything, and wouldn't mind getting paid for hanging out at the Post contact the Rental Representative Coordinator, Jim Botts (jrbotts48@gmail.com) or leave a message with the Post Adjutant.

My office hours are 10:00AM to 2:00PM, Monday through Thursday. Friday by appointment. Please stop by to say hello and join me for a cup of coffee.

SAVE THE DATE | April 30th 2022

ESCONDIDO POLICE & FIRE LAW & ORDER
AWARDS CEREMONY

➔ Look for the flyer in next month's newsletter.

POST 149 | 230 E. Park Avenue, Escondido CA 92025

Actions of Post 149 E-Board

2/8/2022

- To spend, not more than, \$2000.00 to purchase a printer, to include a service plan.
- To pay \$259.69 for repairs to the Finance Officer's computer.
- To enter into a contract with the Next Step Service Dogs, which will meet in the Hall on April 6, 2022 from 6:00PM to 8:00PM, for a donation of \$50.00.

CHAPLAIN | CHUCK FAUPEL



No sickbay to report.

There was a preacher who fell in the ocean and he couldn't swim. When a boat came by, the captain yelled, "Do you need help, sir?" The preacher calmly said "No, God will save me." A little later, another boat came by and a fisherman asked, "Hey, do you need help?" The preacher replied again, "No God will save me." Eventually the preacher drowned and went to heaven. The preacher asked God, "Why didn't you save me?" God replied, "Fool, I sent you two boats!"

AUXILIARY PRESIDENT | CATHY WATHEN



Happy March Ladies, It was another great meeting for Unit 149, lots of information to give to our new members. Thank you to all these ladies who have stepped up to help, you are all awesome!!!!

We are doing our Easter Children's Party with the Easter Bunny stopping by to give out baskets for all children infant to 10 years old. Look for the flyer and sign-up sheets in the clubroom. You must register to attend.

Sunday, March 6th we will be serving breakfast at 8am until 11am. Our special will be Bailey's French Toast with hot Maple Syrup along with eggs cooked to order, ham or sausage, home fries, biscuits and gravy, coffee and juice. All that for \$12 bucks!! We hope to see everyone attend.

Friday, March 18th dinner is Baked Fish Pockets with Veggies, Slaw, Wild Rice and a special dessert. 7pm is Karaoke the Clubroom' some and enjoy dinner and then exercise those vocal cords with Karaoke.

Keep the donations coming for Camp Pendleton. Thanks to everyone who has donated to this worthy cause. They are in need of canned Tuna, Chicken, Pastas, Rice, box Mac and Cheese, healthy Cereals PB&J these are just a few of items needed. Put all donations in the gray bin in the hall, please no expired items or glass jars can be accepted.

We still need more new faces in the Auxiliary, please come to the March meeting in the conference room on **Tuesday March 15th at 6pm** and see what we are all about.

Thank you all for your support!!!

Cathy Wathen, President Unit 149 | 760-717-1425
cathywathenwatt@gmail.com

SAL COMMANDER | BRUCE WAY



The city is still a little unclear on starting "We Clean Escondido" again. So, we are having a "We Clean Our Post" event on the 4th Saturday of each month. Come on down to help clean the area around the Post and our neighbors on Park Ave. Meet at the Post at 10:00AM and we'll be done in time for lunch.

Don't forget to come out for our breakfast the 2nd Sunday of each month, and our General Meeting the 2nd Wednesday of each month. So please donate an hour or two of each month to helping. It is a minimal of effort for a maximum reward.

BLUE STAR MOTHERS | JENNIE McFARLING



Happy Spring. I am so happy to let you know that our Blue Star Mother chapter has become a fundraising sponsor for the 2022 **Wreaths Across America**. Please share our website, which has our unique ID, to help us fundraise.

Please share with your own friends and family so we have support to donate wreaths to lay on veteran graves in December.

If you are not familiar with Wreaths Across America, please read about it on the page as well. Thank you everyone for your support of this program.

www.wreathscrossamerica.org/CA0702





LEFT: Commander Mike Frank and Sgt. at Arms Jim Botts rode out to the **USS Iowa** in Long Beach with several members of **ALR Chapter 149** and **VFW Riders Post 1513** on Sunday, February 20th. MIDDLE: The **4 Chaplains ceremony** conducted by Chaplain Chuck at Post 149 on February 20th. RIGHT: Our Adjutant, Jeff Dodds, really does have a motorcycle or two.



It's Easter!!!!

COME join the fun at Post 149's Annual Children's Easter Party
HOP on down and have a fun afternoon on

SATURDAY APRIL 10th, 2022, 1-3 PM

Deadline for Sign-up Is March 31st, 2022

Easter egg hunt, lunch (kids eat free), games and a visit from the Easter Bunny. Veteran's families ages Infant to 10 years old.

Sign-up sheets are available at Post 149

230 East Park Ave., Escondido, CA 92025 OR call 760-745-1159



Chef Mark Presents

Dinner brought to you by
VFW Post 1513

Friday, March 11th, 5:00 P.M.

Chef's Special - Tamale Pie

Do you love Tamales but are usually disappointed at the masa to meat ratio?

***** Prepare to be impressed *****

Chef's own creation. A Tamale pie with Slow roasted and seasoned pork, with a mix of mild peppers and a Red sauce served as an individual Size personal pie. Topped with Tamale Sauce And a melted cheese blend.

*Served with Mexican Rice,
Ranchero Beans,
and a Warm Cocada Pudding*

\$10





Chef Mark Presents

Breakfast brought to you by
VFW Post 1513

Sunday, March 27th, 8:00 – 11:00 A.M.

Breakfast Buffet Menu

Regular Scrambled Eggs

Cheesy Scrambled Eggs

Chorizo Scrambled Eggs

Sausage Gravy

Sausage

Bacon

Ham

Buttermilk Pancakes

Blueberry Pancakes

Homemade Biscuits

Diner Style Hash Browns

Potatoes O'Brian

\$10

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST

At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2/27	2/28	1 4-5:30 PM Teamsters Local 911 (Hall) 6-8 PM VFW Post 1513 Mtg. (Hall) 9 AM-1 PM Porcelain Club (Conf. Rm.)	2	3 6-8:30 PM BUNKO (Hall)	4 NO DINNER 7-10 PM KARAOKE (Club Rm.)	5
6 8-11 AM AUXILIARY Breakfast \$12 French Toast Special with breakfast 3 PM Pub Grub by Cheryl (Clubroom)	7 6-7 PM EVC Meeting (Conf. Rm.)	8 5:30-6 PM Finance Mtg. (Conf. Rm.) 6-7:30 PM Post E-Board Mtg. (Conf. Rm.) 6-7:30 PM DAV Chapter 70 Mtg. (Hall)	9 6-7:30 PM AL Sons Meeting (Hall)	10 5-8 PM Kiwanis of Escondido (Conf. Rm.) 6-8:30 PM BUNKO (Hall)	11 5-7 PM VFW Dinner (Tamale Pie, Rice and Beans) \$10 (Patio) 7-10 PM KARAOKE (Club Rm.)	12 8:30 AM-12 PM Blue Star Moms (Hall) 10 AM-12 PM 173 Airborne Assn. (Conf. Rm.)
13 8-11 AM Sons Breakfast All You Can Eat Buffet \$12 3-7 PM Polish Club (Hall) 3 PM Pub Grub by Cheryl (Clubroom)	14	15 6-7:30 PM Post General Mtg. (Hall) 6-7:30 PM Auxiliary Mtg. (Conf. Rm.) 9 AM-1 PM Porcelain Club (Conf. Rm.)	16 6:30-8 PM VFW Auxiliary Mtg. (Conf. Rm.)	 17 St. Patrick's Day 6-8:30 PM BUNKO (Hall)	18 6-7:30PM AUXILIARY Dinner (Baked Fish Pockets) \$12 (Hall) 7-10 PM KARAOKE (Club Rm.)	19 8 AM-12 PM Sea Cadets (Hall) 8 PM- Close COLLEGE NIGHT (Club Rm.)
20 8-11 AM Post Breakfast Buffet with Eggs to Order \$12 11:30 AM-12:30 PM Post 149 Committee (Patio)	21 11 AM-2 PM TERC Mtg. (Hall)	22 9 AM-1 PM Porcelain Club (Conf. Rm.)	23 5:30-6:30 PM Dinner on the Patio (Baked Potato Bar) \$8 6:30-8 PM ALR Chapter 149 Mtg. (Patio)	24 6-8:30 PM Coast Guard Reserve (Conf. Rm.) 6-8:30 PM BUNKO (Hall)	25 5:30-7:30PM KIWANIS Dinner (Spaghetti with meatballs, bread and salad) \$10 (Hall) 7-9 PM GAME NIGHT (Patio) 7-10 PM KARAOKE (Club Rm.)	26 10-11 AM WE CLEAN OUR POST
27 8-11 AM VFW 1513 Eggs, Cheesy or Chirizo, pancakes and assorted meats \$10 3 PM Pub Grub by Cheryl (Clubroom)	28	29 9 AM-1 PM Porcelain Club (Conf. Rm.)	30	31 6-8:30 PM BUNKO (Hall)	4/1 7-10 PM KARAOKE (Club Rm.)	4/2

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149 and have them write it on the bill.

The One Forty Niner

ISSUE 2203

J. B. Clark Post 149
230 E. Park Avenue
Escondido, CA 92025-1811

Non-Profit Organization
U.S. Postage PAID
Escondido, CA
Permit # 92

RETURN SERVICE REQUESTED

MARKET MALL

There are several of these helmets in the Clubroom. By placing your spare change in them, you are donating money directly to the American Legion Veterans Affairs and Rehabilitation Foundation. Your donations are greatly appreciated.



The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

American LEGION Post 149



316 West Mission Ave. #101
Escondido, CA. 92025
(760) 489-6420

1st & 2nd Mortgages Conventional & Jumbo
VA, FHA, & Commercial Home Improvements
Reverse Mortgages Debt Consolidation

Thomas Richard Smith III

"Tom Smith" - Mortgage Broker

(NMLS # 275106 - DRE # 01159031)

(858) 571-0711 TomSmith@tsmith1.net

C2 Financial Corp. (NMLS #135622 - DRE #01821025)
10509 Vista Sorrento Pkwy #200, San Diego, CA 92121

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.
(minimum 3 mos. advertisement cycle required)

***PLEASE CONTACT THE POST ADJUTANT
AT ADJUTANT149@GMAIL.COM FOR MORE
INFORMATION OR TO PLACE AN AD.**

See www.escondidolegion.org for the latest updates
Find us on Facebook: www.facebook.com/Escondidolegion.org