



Monthly Newsletter of The American Legion, J.B. Clark Post 149, Escondido, California

COMMANDER | MICK SOBCHAK



“I, (NAME), do solemnly swear (or affirm) that I will support and defend the Constitution of the United States against all enemies, foreign and

domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God.”

Some of us chose to join the military, some of us were drafted, and part of making that official is the oath we took. The promise we made to be a part of this exclusive group of Americans who served this great nation and still defend the Constitution of the United States of America. We made that promise so all will know what our country means to us and what we will do to defend it, its values, and the right to our way of life.

The oath is a major part of who we are as servicemembers and veterans. It forms the foundation of what we stand for and are willing to fight for. But I wonder if some of us who said those words that form the oath fully embrace what they mean.

As we enter February, the American Legion promotes Americanism this month. The Oratorical contest is in full swing. American Legion Post 149 is sending a contestant to

the District 22 Oratorical Contest. He gave a 10 minute speech on the Constitution and instead of the regular history of the Constitution we have heard in the past, this 17-year-old young man gave a speech about the Constitution and how it applied to current events. It was the best speech I have heard to date.

The District 22 contest is in mid-February. If you are interested in hearing his speech and the speeches of other patriotic young Americans, please email me and I will send you the information.

POST 149 ADJUTANT | JEFF DODDS



We are well on our way into 2021, and I still have several unpaid for membership cards in my desk. Please look at the card in your wallet and

make sure it reads 2021. As we start to open and have events, you wouldn't want to miss out.

Unfortunately, January's general meeting was adjourned before it even began due to a lack of a quorum. I guess we can blame it on the weather. But don't miss February's meeting. We still need to have second nominations and a vote on a Sgt at Arms to fill in until the May election due to Ken Boyd moving to Georgia. A good way to get your feet wet as a Post Officer.



My office hours are still 0930 to 1330 Monday through Thursday. Friday by appointment. Please stop by to say hello and join me for a cup of coffee.

2ND VICE | CLUBROOM MANAGER | STEF HOLDEN



My fellow legionnaires,

I wish to issue a heartfelt apology for not taking the opportunity to address the post in last month's newsletter. Things being what they are in these turbulent times, I just felt I had nothing of note to contribute to

the publication for the month of January. Being ever the optimist, I feel very strongly that with almost a million people getting vaccinated for COVID-19 daily, the nation has finally turned a corner in it's challenging battle against the virus. I look forward to opening Club 149 in the very near future. In the interim, if you or your organization would like to host a dinner, please do not hesitate to contact myself or the Post 149 Rental Agent.

Until we open again, stay healthy and stay safe.

God bless.

CHAPLAIN | CHUCK FAUPEL



No sickbay or Death's to report.

Announcement: I will be conducting the Four Chaplain Service on February 21st, 3rd week at 11:30, which will be the post breakfast, come out and enjoy a great buffet and stay for the service. Put it in

your calendar.

Just saying. It's time to move on. To heal a wound, you need to stop touching it. Forgiving someone is hard. And yet, forgiveness isn't just necessary in our daily lives; it's vital to a healthy life and healthy relationships.

Some Christians have learned little of a daily devotional life. Some time ago a policeman asked, what the secret of victorious living was. I told him that there is no magic formula that can be pronounced. If any word could describe it, I would say surrender. The second word I would say would be devotion. Nothing can take the place of our

Heavenly Father and daily devotional life. Your quiet time, your prayer time, the time you spend in the Word, is absolutely essential for a happy Christian life. You cannot possibly be a happy, dynamic, and powerful Christian apart from a daily walk with Father. Are heaven is calling Christians today to cleansing, to dedication, to consecration, and to full surrender. It will make the difference between success and failure in your spiritual life. It will make the difference between being helped and helping others. It will make a difference in your habits, in your prayer life, in your Bible reading, in your giving, in your testimony, and in your church membership. This is the Christian hour of decision!

BOYS STATE/ORATORICAL CHAIRMAN | HAROLD OLSON



On January 16th, American Legion J.B. Clark Post 149 had its first oratorical contest in years. Our winner Treistan Teng gave a very moving speech on the U.S. Constitution. There was not a dry eye in the room.

17-year-old Mr. Teng demonstrated a very strong understanding and love of this document. When asked by the chair about his future plans, Mr. Teng stated that he intends to get a degree in political science before entering Law School and practicing law before running for office.

It is my humble opinion that Mr. Teng has a very strong chance of winning the American Legion National Oratorical Contest.



Left to Right: Mick Sobczak, Mr. Treistan Teng, Harold Olsen

AMERICAN LEGION AUXILIARY | IRENE CLINGMAN | PR CHAIR



While the COVID-19 Pandemic certainly put a damper on our ongoing activities for the 2020 year, our Unit 149 Auxiliary continued to support our community and military families throughout the year. We had to cancel many of our annual events and fundraisers like the Children's Easter and Christmas Parties and our bake sale, but we were able to support the following:

- ❤️ \$200 check for Worldwide Helping Hand to support the food program for military families at Camp Pendleton and 600 pounds of food and other appliances, etc.
- ❤️ \$400 check to the Jacobs and Cushman North County Food Bank
- ❤️ \$100 to support the first Trunk or Treat safe zone for kids for Halloween
- ❤️ \$2,000 to support our Post during the Pandemic to be used for operating expenses
- ❤️ \$250 check to San Diego Food Bank for Thanksgiving food support
- ❤️ \$200 check in support of Salvation Army
- ❤️ \$350 check to support Vets Food and Housing Organization
- ❤️ \$200 check to support District 22 Backpack Program
- ❤️ \$200 check to YMCA
- ❤️ \$200 check to the Aspire Center for their Coffee Program
- ❤️ \$300 check for VA Medical Center, La Jolla, for 50 bus passes for patients (Note: an additional donation of \$50 was provided for the bus passes enabling the purchase of 50 passes at a cost of \$7 per pass per Randy Treadway)
- ❤️ Donated 128 blanket/throws to Veterans at the Chula Vista Veterans Home

As we go forward this year, we should remember those less fortunate and remember families who have lost their jobs, the children who have missed their friends and social activities, and others. When possible, continue to help us to support our programs. Our food donations were down due to the Pandemic and we saw huge increases in the need for food and other necessities. Our food donation bin is located at the Post and whenever possible drop an item or two in the bin. Remember, no outdated food and no glass items. In addition, please no clothing items for donation at the current time due to Camp Pendleton guidelines.

Girls State - I am attempting to move forward with interviews for Girls State. It is proving to be difficult this year since schools are not in session. Plans are still in place but it may be by virtual reality online classes. Will provide updates as we move forward.



AUXILIARY PRESIDENT | CATHY WATHEN



I hope everyone is enjoying 2021!!

2020 was a year to remember, here's hoping that the new year will bring some normalcy to everyone's lives and the Legion Family.

The Auxiliary is still serving breakfast on the 1st Sunday of each month and dinner on the 3rd Friday. We hope to see everyone attend. Masks and social distancing will be practiced for everyone's safety.

Sunday February 7th will be Sandy's famous Omelets, cooked to order. Of course we will be serving our usual for everyone who likes ham/sausage and eggs cooked any way you like them. Everyone with the Auxiliary looks forward to seeing you.

Friday February 19th come and enjoy Stuffed Pork Chops, Au Grate Potatoes, Green Beans, Salad, and a special dessert. Dinner is served from 6:00 to 7:30, cocktails will be available while dinner is served.

Because of COVID-19 we are working on conducting meetings via Zoom. When everything is set up and we have a date and time everyone will be notified by e-mail. I so miss the attendance we had at the meetings before COVID-19!!!

Ladies the Auxiliary is looking for some new people to lead chairs. Several of our ladies have moved out of state and have left their chairs vacant. We need you to step up; most of these chairs only require working a few hours a month. We only have a few ladies who come forward to do most events and they are getting tired!! Please help support the Auxiliary and all that we do for our Vets and their families.

Until next month!!!

Cathy Wathen, President Unit 149 760-717-1425 cathywathenwatt@gmail.com



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AMERICAN LEGION RECOGNIZES FEBRUARY AS AMERICANISM MONTH

The American Legion has recognized the month of February as Americanism Month since 1960 when Resolution No. 163 was passed during the National Convention in Miami Beach, Fla.

"We established observance of an Americanism Month that calls upon each of us to pause and reflect on what it means to be an American, and to rededicate ourselves to taking action that will uphold a 100 percent Americanism," said Richard Anderson, chairman of The American Legion's Americanism Commission. "In 1981, then-National Commander Michael Kogutek said, 'There is no organization whose name is more closely linked in the minds of citizens with genuine Americanism than is The American Legion.'"

The Preamble to The American Legion Constitution states, "To foster and perpetuate a 100 percent Americanism." Therefore, Anderson encourages the Legion Family "to reflect on what it means to be an American and our responsibility for fostering Americanism. Americanism should cultivate youth development, educational development, citizenship, community service, religious emphasis, and pride in our nation and the great symbol of our nation, Old Glory."

A few of the many American Legion programs that fall under the Americanism pillar include Legion Baseball, Oratorical Contest, Boys State and Nation, Junior Shooting Sports, Scouting and flag education.

"Through our community involvement we can foster a culture of growth for serving our nation's veterans and their families, for nurturing children and youth everywhere, for our organization and its programs, and for Americanism," Anderson said.

Please share on www.legiontown.org how your post, unit or squadron promotes or supports Americanism Month.

POST MEMBERS FREE BIRTHDAY MONTH BREAKFAST

At the Post Officers Breakfast in your birthday month - All you can eat buffet

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1/31	1	2 Baker Electric Mtg. (Hall) 4:30-6 PM Teamsters Mtg. (Hall) 6 PM VFW Mtg.	3	4	5 6 PM KEY CLUB Dinner Taco, Rice, Beans and Ice Cream	6
7 8-11 AM Auxiliary Breakfast \$8 SUPER BOWL SUNDAY 3 PM Pub Grub by Cheryl (Clubroom)	8	9 6 PM Post E-Board Mtg. (Conf. Rm.)	10 6 PM SAL Mtg. (Hall)	11 12-4 PM Escondido Arts Assoc. Mtg. (Hall)	12	13 9 AM 1 PM Blue Star Moms Lunch (Hall) 9 AM VFW Riders Mtg. (Patio)
14 8-11 AM Sons Breakfast All You Can Eat Buffet \$10 3 PM Pub Grub by Cheryl (Clubroom) VALENTINE'S DAY	15 PRESIDENT'S DAY	16 6 PM Post General Mtg. (Hall) 6 PM House Committee Mtg. (Patio) 6 PM Auxiliary Mtg. (Conf. Rm.)	17	18	19 6-8 PM AUXILIARY Dinner (see newsletter)	20
21 8-11 AM Post Breakfast All You Can Eat Buffet \$10 11:30 AM FOUR CHAPLAINS SERVICE 3 PM Pub Grub by Cheryl (Clubroom)	22	23	24 5:30 PM AL Riders Dinner (Patio) AL Riders Mtg. (Patio)	25	26 6 PM KIWANIS Dinner Baked Chicken, Mashed Potatoes, Green Beans, Corn, Dinner Roll and Pie (Hall)	27 8 AM WE CLEAN ESCONDIDO
28 40 et 8 Breakfast (Steak and Eggs) 12 Noon 40 et 8 Mtg. (Hall) 3 PM Pub Grub by Cheryl (Clubroom)	3/1	3/2	3/4	3/5	3/6	3/7

AMERICAN LEGION FUNDRAISER Hosted by: THE GOLDEN EGG OMELET HOUSE

When you go to The Golden Egg Omelet House and enjoy a meal, the American Legion Post 149 can earn 10% of all food and beverages purchased. Mention that you are there to support the American Legion Post 149 and have them write it on the bill.

The One Forty Niner

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J. B. Clark Post 149

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SEE YOU AT
THE CLUB!

The Golden Egg Omelet House

Fundraiser 10% of Food & Beverage Contributed to Organization

American LEGION Post 149



316 West Mission Ave. #101

Escondido, CA. 92025

(760) 489-6420

BUSINESS AD SPECIFICATIONS

Business Card Ad (3-1/2" wide x 2" high) - \$15 per mo.
(minimum 3 mos. advertisement cycle required)

Business Ad 4" high x 3-1/2" wide - \$25 per mo.
(minimum 3 mos. advertisement cycle required)

*PLEASE CONTACT THE POST ADJUTANT
AT ADJUTANT149@GMAIL.COM FOR MORE
INFORMATION OR TO PLACE AN AD.

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